

Homeopathic Proving of *Procyon Lotor* (Raccoon Fur)



Proving Locations

Vancouver Lower Mainland, British Columbia, Canada
Edmonton, Alberta, Canada.

Master Provers

Sonya McLeod, BA, DCH and Kathleen Taylor, RPN, DiHom, DCH

Date

Proving commenced in January 2009

Provers

Prover	Sex	Doses	Potency
1	F	3	30C
2	F	6	12C

3	F	2	30C
4	M	3	30C
5	F	placebo	placebo
6	F	1	12C
7	F	6	30C
8	F	6	30C

Symptoms experienced by supervisors and master provers, all female, are denoted by prover numbers in the 90's. We have decided to include symptoms experienced by the prover who took placebo as well. The reasons for including symptoms experienced by proving group members who did not ingest the remedy are outlined in [*Group and Proving Phenomena, Observations by Misha Norland*](#), An Article published in Issue 72 of The Homoeopath, Winter 1999. The reader can make up his or her own mind as to how to treat these symptoms.

Proving Method

The proving protocol used is outlined in “The Dynamics and Methodology of Homeopathic Provings” by Jeremy Sherr.

Source

Sample taken in the year 2000 from an adult raccoon killed by a predator in the wild. The fur was taken from the found remains. Sex was unidentifiable. It was found in Venango County, Western Pennsylvania at a time of year when rabies was ruled out as a reasonable possibility by local game authorities.

Pharmacy

The remedy was prepared by Helios Homeopathy Ltd. located in Kent, England.
www.helios.co.uk

Introduction

This proving is a 4th and final year graduate project for Sonya and Kathleen, under the supervision of the Vancouver Homeopathic Academy. Sonya first got the idea to prove raccoon in the summer of 2008. Early that summer, Sonya and her family started noticing that they were getting visitors through their cat door, and that the cats seemed hungrier than usual, as all their cat food would be gone from their dish by morning. Soon they caught the culprits in the act, a pair of raccoons!

Sonya and her husband tried closing the cat door halfway so that the raccoon would not be able to fit through, but the raccoons simply slipped their human-like hands under the

door and lifted it back up. The raccoons were ripping through the paper bag of hard cat food, so she and her husband decided to put the food in a plastic container, only to wake up to the sound of the raccoons lifting and violently banging the container against the ground so that they could jar it open.

Raccoons don't seem to be terribly afraid of humans, at least these ones didn't. One time that summer Sonya's husband chased one of the raccoons out of the house, but it didn't go far. He saw it lounging on their couch on the back deck, giving itself a good clean with its tongue, looking very relaxed and at home. Another night Sonya saw one on the back steps and looked it square in the eye to measure its reaction. It unwaveringly met her gaze and stood up on his hind legs with paws in the air, looking just like a dog begging its master for food.

About Raccoons

Scientific Classification

Kingdom: Animalia
Phylum: Chordata
Class: Mammalia
Order: Carnivora
Family: Procyonidae
Genus: Procyon
Species: Procyon Lotor

Etymology

The word *raccoon* is derived from the Algonquin word *arakum* meaning "he who scratches with his hands".

Mythology

The First Nations people told many legends about the raccoon, usually portraying them as tricksters.

Relatives

The closest relative of *Procyon lotor* is its South American relative, *Procyon cancrivorus*, the crab-eating raccoon. Other members of the procyonid family include coatis, ringtails, olingos and kinkajous, which all reside in the Americas. Pandas are a debateable member of this family as well.

Location and Habitat

Raccoons reside in Northern and Central America.

They prefer to live in forests and woodlands close to streams, lakes, and seashores. Trees provide the raccoons with shelter, and with fruits and nuts to eat. Raccoons are excellent swimmers and often hunt in water for small animals such as crayfish.

Holes in large trees are popular dens for raccoons because they are off the ground and away from predators. They will also make their dens in any other space they can find, such as small caves or holes dug by other animals. Raccoons usually have more than one den.

Raccoons also live comfortably in towns and cities. They can make their dens in chimneys, attics, abandoned cars, and basements.

Territory

Every raccoon has a home range/territory, or an area in which the animal has its den and forages for food. Raccoons rarely leave their territories unless they can no longer find food or suitable mates. The size of the raccoon's territory depends on how much food is available there. A raccoon stays in their territory for safety reasons. Within its territory, it knows where to find food, water, and knows the safest places to hide from predators. Raccoons are clean animals. Raccoons that live in the same home range leave their droppings in a shared pit or latrine.

Physical Characteristics

One of the most distinctive things about the raccoon is the wide band of black fur that runs across its eyes and down its cheeks, very much resembling a bandit's mask. The tail is long and bushy, with a black tip and black rings around it. The raccoon uses its tail for balance, holding it straight out when it runs or climbs along tree branches. A raccoon's colours and markings act as camouflage. They help the animal blend in with its surroundings. A raccoon is difficult to spot when it sits still among trees.

Coonskins have historically been made into hats and coats by First Nations, and later by the settlers. The coonskin hat is so warm that it is comfortable to wear only during the coldest days of winter. During the 1920s, the coats were so popular that wild raccoons were almost hunted to extinction. The raccoon's coat consists of two types of fur. The short, dense underfur makes up 90% of the coat. The remaining 10% consists of short, stiff guard hairs. The guard hairs help to protect the raccoon from the wind and rain, as water runs off them easily.

Raccoons are nocturnal, so their eyes are adapted for night vision. At the back of the eye is a layer of cells called the tapetum, which reflects the light back through the retina. Like

many night-active animals, raccoons are probably colour-blind. Raccoons have a very acute sense of hearing. They can detect the slightest rustling of leaves in the distance and can instantly locate the direction of sounds. It also has a keen sense of smell.

Raccoons make great use of their two front paws. They have a keen sense of touch, and their long, slender toes work somewhat like fingers. A raccoon can use these paws to snatch clams, pick fruit, flip lids off garbage cans, unlatch picnic baskets, and even unscrew jars. The raccoon's sense of touch is vital to it in its search for food, especially along the shoreline. When hunting for crayfish, it wades among the boulders and reaches around the edges of the stones, feeling for its prey.

Raccoons are strong and very agile. They can run up and down trees, or along small tree limbs like squirrels. They can even climb down trees head first. Raccoons are more nimble in trees than they are on the ground. If they meet an enemy, they can run on land in a burst of speed, but usually run up a tree if one is nearby in order to escape. They are also very good jumpers. They can leap from quite a height without hurting themselves.

Eating Habits

Raccoons are omnivores, meaning that they eat both plants and animals. Raccoons love crayfish. They also fish for frogs, tadpoles and minnows, and they will feed on field mice, turtles, garter snakes, snails and other small animals. Raccoons that live along the sea coast catch clams and oysters. They also eat berries, nuts, seeds, acorns and insects. They can also climb trees and steal honey from bees. Farmland raccoons enjoy eating corn, grapes and apples. Sometimes they will even raid a chicken house for the eggs.

Raccoons enjoy handling their food before they eat it. They seem to enjoy the feel of the food in their fingers. Their fingers become even more sensitive than usual when wet, so it is not surprising that raccoons often douse their food in water before eating it.

In urban areas, raccoons use their agile, sensitive hands to find food. They can easily pry open sealed trash cans. Their ability to open refrigerator doors, drawers and cabinets can make them quite a pest if they can gain entry into someone's house.

Predators

Natural predators include alligators, foxes, wolves, eagles, owls, coyotes, cougars and bobcats.

Mating Season

Raccoons in northern climates mate between late January and early March. Their southern counterparts mate about two months earlier. When a male raccoon is ready to mate, he finds a female. He knows where females have dens in his home range, or he may

have to leave his home range if there are none in his area. Male raccoons have been known to travel many miles to find a mating partner. He uses his sense of smell to find females in estrus, ready to mate. He will mate with as many females as he can. ‘

Female raccoons are choosy about their partners. They are aggressive towards the males who approach them. Though the males often fight over the females, the stronger raccoon does not always win the female. In the end, it is the female raccoon who chooses the mate she wants and turns away all the others.

After the raccoons mate, they share the same den for about 2 weeks. After that, the male leaves. The female then prepares her nursery den, usually in a tree hole. She lives in her den alone until the babies are born. Nine weeks after mating, the female gives birth. A female raccoon typically has four to five babies in one litter.

Mother and Babies

The raccoon female raises her kits alone. She gives birth to one litter per year in April or May. They are born tiny and helpless, with only a thin layer of grayish fur. They feed on their mother’s milk. By the time they are three weeks old, their eyes are open, their masks are thick and dark, and their tails are ringed.

Once the kits are two months old, the mother moves them to a den on the ground, so that they can leave the den easily and follow their mother on short trips. The den is usually near water so that the babies can hunt near to home. Soon after moving them to the new den, the mother weans them, and they are ready to start learning to hunt and forage with their mother. Juveniles follow their mother in single file as they forage. The group must keep together because juveniles are still easy prey for predators. The kits also imitate threat postures, poses that adults use to scare away predators. They will play fight with their brothers and sisters so that they get used to their bodies before they leave the mother.

In northern climates, juveniles leave their mother’s den the next spring, when they are almost a year old. If they live in warmer climates they can leave their mother the first autumn, when they are five to seven months old.

Fall and Winter Seasons

In the North, as the days shorten and the nights turn chilly, a feeding frenzy comes over the raccoon. It begins its nightly hunt for food earlier than before, and will hunt later. A thick layer of fat forms underneath its fur as it prepares to sleep away the winter.

Raccoons in warmer climates are active year round. The ones in northern climates settle down in their dens to sleep away most of the winter. They do not truly hibernate – their

body temperature does not drop and their breathing and heartbeat do not slow down. The raccoon stays warm and relaxed and can easily be woken up. In mild winter days, the raccoon will come out of its den to bask in the sun or look for food. It will go back to sleep in its den when the weather turns colder again.

Raccoon Society

While the vast majority of raccoons spend their adult lives away from other adults, they can develop some degree of an organized social life under certain conditions. Large numbers of raccoons are occasionally found denning together for the winter. Adult male raccoons may sometimes travel together. Females may travel with one another or with adult males.

Raccoons communicate in many ways. They use sounds, body positions and scents to send messages to raccoons and other animals. Some naturalists believe that raccoons can make as many as fourteen to fifteen distinctly different sounds, each with a meaning of its own.

Intelligence

Scientists who have tested raccoons say that they are close to rhesus monkeys in intelligence. In one test raccoons were able to open doors fastened with many different types of latches in order to reach their food. They also have a good memory, since they were able to open the same latches without any mistakes the next year.

References

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- Patent, Dorothy Hinshaw. *Raccoons, Coatimundis, and Their Family*. New York: Holiday House, 1979.
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Affinities

Nervous system

One side (either right or left)

Hair

Sensory organs (eyes, vision, ears, hearing, nose, smell, mouth, tongue, taste, touch)

Digestive tract (throat, stomach, abdomen, rectum)
Urinary tract
Female reproductive system
Respiratory system
Back & Neck (pains)
Small joints
Skin

Modalities

Worse

Late afternoon (esp. 5pm), evening, & night.
2 pm (headaches)
On waking
Becoming cold or overheating
Bright light
Loud noises
Pressure
Swallowing (throat pain)
Drinking liquids
Eating
Menses

Better

After sleeping
Drinking liquids
Eating
Rubbing

Miasm

There is both sycosis and psora in this remedy, which puts the remedy in the ringworm miasm. With the ringworm miasm there are periods of effort alternating with inactivity. Many of the provers had this type of experience in regards to their energy: there were days where they were very active and restless, alternating with times when they had no energy to do much of anything. Lac Humanum is also in the ringworm miasm.

Interestingly enough, one of the provers said that she got a rash that looked like ringworm, even though she knew that it wasn't ringworm.

Themes

Animal Themes: Survival

A few of the provers felt dirty or ugly, with a lack of confidence in themselves. Competition with other people came up in the dreams. There was also a lot about survival. People needing this remedy will fight for their survival, and are not afraid to establish and maintain their personal boundaries. There was a lot in the dreams about victimization and subordination, abuse, being attacked, and then fighting back or protecting oneself or others.

Mammal Themes: Family/Nurturing/Female Complaints/Protecting Children

Many provers, as well as supervisors/master prover, had an increased need to take care of and nurture their children. Many also had dreams of family members. This theme of nurturing and family also came out in the dreams of many of the provers. This is a theme common to all mammal remedies, including raccoons who can stay with their young for up to a year.

Many of the provers also experienced menstrual symptoms. It caused painful menses for a few different provers. For a couple of provers, they had some cramping either before or after their period. The pain was either cramping, or there was a bearing down sensation. Two of the provers had their periods come as early as 9 days early. One supervisor had intermittent bleeding that came and went. For two provers it either caused or cured heavy period flow. For some the periods tended to last longer than normal.

We also found it interesting that two of the provers had itching and dryness of the nipples. This symptom fits in with the theme of nurturing.

Fear of snakes is also common to all mammal remedies. This symptom showed up in a few separate dreams of one of the provers.

General Themes of *Procyon Lotor*

Increased Creativity and Activity of the Mind/Dullness, Confusion and Foggy Mind

Many of the provers experienced more ideas and flow of thoughts after taking the remedy. Sometimes this rush of thoughts increased at night, preventing sleep. Other provers found it very difficult to think and to concentrate, like their minds had become foggy, becoming absentminded and confused.

Physical Restlessness and Activity/Weariness with Aversion to Work

Some provers experienced an increase in energy even when they did not get a full night's sleep. They became physically restless and active. A couple provers also experienced an increase of physical restlessness at night in bed, with lots of tossing and turning. Other provers experienced lassitude with indolence and an aversion to work, and overpowering sleepiness with a desire to lie down and nap. Sleeping or napping often restored the prover's energy.

Anger, Irritability, Quarrelsomeness and Intolerance

This aspect of the remedy also came out in the dreams. Provers who were normally intolerant and short tempered became more tolerant and sympathetic towards others, accompanied by feelings of happiness and cheerfulness. It also caused or ameliorated a quarrelsome disposition. Fights and quarrels were also prominent in the dreams.

Anxiety

This came out in the dreams as well. For some provers, their normal anxiety was ameliorated during the proving. One supervisor experienced a pronounced anxiety on waking at 5am.

Sensory Sensitivity Increased or Diminished: Vision, Smell, Touch, Hearing, Taste

Some provers became sensitive to colour and to bright light. One prover had the desire to wear black, as she found bright colours too stimulating. We can guess this symptom may be related to the raccoon's increased sensitivity to light since their eyes are suited to night vision.

One prover became very aware of and uncomfortable in her own skin. Sense of smell was increased. Another prover became very sensitive to noise, but one master prover had blocked ears and had trouble hearing. One prover had a diminished sense of taste, where food didn't taste as good as it usually did.

Difficult Communication

This was a symptom which was experienced by provers, supervisors and the master provers during the proving. Provers and their supervisors often had difficulty getting hold of each other during the proving. At the extraction meeting, the master prover's internet stopped working, making it impossible for the group in Edmonton to communicate with the group in Vancouver via Skype. Some provers also had the feeling of being separate from other people, talking to them at a distance or feeling like others were speaking a different language. One related physical symptom is that one of the provers' voice became very weak and she lost her voice, making communication with others difficult. Another prover's voice became much louder than usual and she had trouble keeping

opinions to herself, which was probably an ameliorated symptom since she normally keeps more to herself.

Criminals, Crimes, and Police

There were lots of dreams about committing crimes, stealing, criminals, and police. One of the provers had her proving journal stolen during the proving. The raccoon's reputation as a sneaky bandit and thief comes through very strongly in this proving.

Food, Increased Appetite, Nausea and Digestive Issues

Lots of dreams about food and eating. Many of the provers had increased appetite, perhaps mimicking the raccoon's voracious appetite in the fall, in preparation for sleeping away the winter. Provers had all sorts of different food cravings. One prover had a capricious appetite, wanting various foods but not being satisfied after she ate them.

Nausea seems to be a big part of this remedy, since most if not all of the participants experienced this symptom. A lot of the provers experienced nausea when hungry, ameliorated by eating. Others just experienced a generalized nausea, not really aggravated or ameliorated by anything. The nausea was also sometimes accompanied by vertigo.

Emotions were felt in the stomach of one prover. Some provers had gurgling in the abdomen, with increased or offensive flatus. This remedy produced an increased urgency for stool. For one prover it caused constipation with urging. It ameliorated one prover's hemorrhoids.

Flow & Lack of Flow: Water & Dryness

Almost every prover experienced this theme, as well as a master prover. A few days before the extraction meeting, the master prover's parking lot was flooded. Flooding, rivers, streams, oceans, etc. were in the dreams of many of the provers, and master prover. Raccoons prefer to live near water, as it is one of their main food sources in nature.

Many of the provers became very thirsty. The throat, mouth, and lips became dry. Skin eruptions were mainly dry. Hair became dry as well. The master prover had a sensation of water in the ear. On the other hand, there was increased mucus production. Some provers had mucus in the back of the throat, and had the desire to clear the throat. There was sneezing and coryza. Two provers had dry, non-productive coughs. One prover had no urge to urinate during the day, but the frequency of urination increased at night. Another prover felt that the remedy had really aggravated a UTI that had started to come on before the proving. One prover had dry eyes, and two provers had lachrymation.

The menstrual flow was also disrupted. Please see “mammal themes” for more details. One prover had vaginal dryness, while another had some vaginal discharge.

Stopped/lump/plug sensations came up a few times in the physicals. It is interesting when viewing this symptom in terms of water and dryness, how things are stopped up and not flowing properly. These sensations were experienced in the throat, ears, and stomach.

Dream Themes

Dreams of Animals: Large Felines, Birds, Slugs and Dogs

Bobcats and cougars are natural predators of the raccoon. Provers and one master prover dreamt of a cougar, panther, and a tiger. One prover had a dream of a dog. Hunters use dogs to hunt raccoons. There were also dreams about different types of birds such as ducks and hummingbirds, and a dream about invertebrates and slugs. Raccoons eat birds and slugs.

Dreams of Forests, Trees, and Climbing Trees

The natural home of a raccoon is in the forest. They make their dens in trees. They are also excellent climbers. In the proving, many of the provers had dreams of trees, and of climbing those trees. There were also dreams of the tropics (i.e. palm trees and rainforest), which makes sense if one considers that raccoons not only live in North America but also in Central America, which is tropical.

Dreams of Magic & Fairytales

This theme came out in the dreams. Historically the raccoon has been a part of many old First Nations legends. One of the provers also had a dream about aboriginal people.

Dreams of Houses

A common theme in the dreams of especially one prover in particular. Adult raccoons don't usually live in just one den, they may have several that they frequent. The “house” or den of the raccoon is especially important to a mother and her babies.

More Physical Themes

Headaches(?)

We are not sure whether this is a theme of this proving, since the provers who got headaches usually had headaches normally, though the headaches they got during the

proving were different from their usual headaches. One thing that we can be sure of is that this remedy has an affinity for pains in general, especially stitching pains.

Stitching Pains, Come & Go Suddenly with Special Affinity for the Small Joints

Pains were predominantly sharp, or stitching in nature. Stitching pains were experienced in the head, eyes, face, neck, stomach, abdomen, chest, and had a special affinity for the small joints. Pains also had a tendency to come and go suddenly, not staying around for very long.

Pressure/Pressing Pains/Heaviness/Bearing Down

These sensations were experienced in the head, eyes, face, stomach, abdomen, uterus, chest, back

Constriction/Tension/Pinching or Opposite: Swelling/Inflammation/Distension

Constriction/Tension/Pinching in the eyes, neck, back, chest and knees. Swelling/Inflammation/Distension in the face, ears, mouth, abdomen, and throat.

Trembling/Twitching/Fluttering

Fluttering in the chest. Trembling or twitching of the extremities.

Heat/Chilliness/Flushes of Heat

Some provers became very chilly and found it hard to get warm even after covering themselves with a blanket. Provers experienced a sensation of heat on the face. One prover's hot flashes increased. Another prover had a flush of heat during her headache. Some provers felt hotter than usual, even on a chilly day one prover took off her jacket.

Most provers tended to be chilly during the proving, sometimes alternating with flushes of heat.

More Physicals

Skin eruptions tend to be dry or pustular, with or without itching.
Symptoms, especially the pains, tend to come and go suddenly
Early waking, sometimes feeling refreshed after only a short sleep

Some Particulars/SRP's

Waking at 5am

Weeping in the morning on waking
Sensation as if inhaling cold air through one nostril
Dark circles below the eyes
Urine smelling as if one had eaten asparagus
Itching of the right mammae

Rubrics

Complete Repertory 2009 by Roger van Zandvoort was used as a guide to determine rubrics for the proving.

Mind

Mind - Absentmindedness
Mind - Activity - creative
Mind - Activity - desire for
Mind - Activity - restless
Mind - Affectionate
Mind - Alternating states - emotional
Mind - Anger
Mind - Anger - stomach
Mind - Anguish - pain, with - stomach in
Mind - Anguish - pain, with - stomach in - pit
Mind - Anxiety
Mind - Anxiety - business, about
Mind - Anxiety - chest, in
Mind - Anxiety - throat, in
Mind - Anxiety - time is set, when a
Mind - Anxiety - waking, on
Mind - Anxiety - work - cannot
Mind - Artistic
Mind - Aversion - herself, to
Mind - Aversion to company
Mind - Awkwardness
Mind - Business - aptitude for
Mind - Business - averse to
Mind - Cheerfulness
Mind - Children - aversion to - her own
Mind - Children - desires to - have, to beget, to nurture
Mind - Colors - aversion to
Mind - Colors - desires - black
Mind - Colors - desires - black - clothes
Mind - Communication - inability for

Mind - Concentration - active
Mind - Concentration - difficult
Mind - Concentration - difficult - studying, reading, while
Mind - Concentration - difficult - work, during
Mind - Confidence - self, in
Mind - Confidence - want of self
Mind - Confusion - time
Mind - Confusion of mind
Mind - Confusion of mind - identity, as to his
Mind - Confusion of mind - identity, as to his - duality, sensation of
Mind - Confusion of mind - identity, as to his - boundaries, and personal
Mind - Contented
Mind - Contradict, disposition to
Mind - Delusions, imaginations - appreciated, that she is not
Mind - Delusions, imaginations - coat of armor, wearing a (new rubric)
Mind - Delusions, imaginations - controlled, every movement and thought
Mind - Delusions, imaginations - dirty - he is, she is
Mind - Delusions, imaginations - poisoned - has been, he
Mind - Delusions, imaginations - ugly
Mind - Delusions, imaginations - unreal, everything is
Mind - Delusions, imaginations - victim, she is a
Mind - Detached
Mind - Disgust - himself, with
Mind - Distance - inaccurate judgement of
Mind - Dreams - abused, being
Mind - Dreams - accusations
Mind - Dreams - adolescence
Mind - Dreams - adoption
Mind - Dreams - adventurous
Mind - Dreams - air, want of
Mind - Dreams - anger, angry
Mind - Dreams - animals
Mind - Dreams - animals - healing, using small animals for (new rubric)
Mind - Dreams - animals - pursued by
Mind - Dreams - anxious
Mind - Dreams - appearance, concern about
Mind - Dreams - ashamed - she is
Mind - Dreams - attacked
Mind - Dreams - beautiful
Mind - Dreams - birds
Mind - Dreams - boundaries crossed
Mind - Dreams - breathe under water, she can
Mind - Dreams - business - success

Mind - Dreams - cats, felines
Mind - Dreams - cats, felines - big

Mind - Dreams - cats, felines - black
Mind - Dreams - cautious
Mind - Dreams - child - falling (new rubric)
Mind - Dreams - child - losing
Mind - Dreams - children
Mind - Dreams - children - babies
Mind - Dreams - children - protecting them
Mind - Dreams - children in danger
Mind - Dreams - cities
Mind - Dreams - cliff, standing on a
Mind - Dreams - climbing
Mind - Dreams - clothes
Mind - Dreams - clothes - washing
Mind - Dreams - coffins
Mind - Dreams - coffins - alive sleeping person inside (new rubric)
Mind - Dreams - computers
Mind - Dreams - confidence - want of
Mind - Dreams - confused
Mind - Dreams - cougars (new rubric)
Mind - Dreams - crime - he had committed a
Mind - Dreams - crimes
Mind - Dreams - criminals
Mind - Dreams - cursed (new rubric)
Mind - Dreams - danger
Mind - Dreams - danger - falling
Mind - Dreams - danger - fleeing from a
Mind - Dreams - danger - impending
Mind - Dreams - danger - safe in a dangerous situation
Mind - Dreams - daughter, of
Mind - Dreams - death - friends
Mind - Dreams - death - preachers
Mind - Dreams - death, of
Mind - Dreams - deception
Mind - Dreams - defending - himself
Mind - Dreams - dirty
Mind - Dreams - dogs
Mind - Dreams - doors
Mind - Dreams - driving - car
Mind - Dreams - drugs - hallucinogens
Mind - Dreams - ducks

Mind - Dreams - eating
Mind - Dreams - efforts - unsuccessful
Mind - Dreams - embarrassment
Mind - Dreams - entertainment
Mind - Dreams - escape
Mind - Dreams - evil
Mind - Dreams - excrement
Mind - Dreams - excrement - animal
Mind - Dreams - excrement - walking in
Mind - Dreams - fairytale, as in a
Mind - Dreams - falling
Mind - Dreams - family
Mind - Dreams - fights
Mind - Dreams - figures
Mind - Dreams - fire
Mind - Dreams - fire - house, building on
Mind - Dreams - fleeing, of
Mind - Dreams - flowers
Mind - Dreams - flying
Mind - Dreams - food
Mind - Dreams - food - cakes and pastries
Mind - Dreams - forest
Mind - Dreams - forgetful, being
Mind - Dreams - forsaken, forsaking
Mind - Dreams - fortune tellers, of
Mind - Dreams - friends
Mind - Dreams - friends - old
Mind - Dreams - frightful
Mind - Dreams - funerals
Mind - Dreams - graves
Mind - Dreams - guilt
Mind - Dreams - hiding
Mind - Dreams – home - of - childhood home
Mind - Dreams - hospitals
Mind - Dreams - hotels
Mind - Dreams – house, houses
Mind - Dreams – house, houses - flood, in a
Mind - Dreams – house, houses - looking at to buy
Mind - Dreams – house, houses - run-down
Mind - Dreams – house, houses - small, too (new rubric)
Mind - Dreams – house, houses - tree (new rubric)
Mind - Dreams – house, houses - water's edge, at (new rubric)
Mind - Dreams - hummingbirds

Mind - Dreams - ice, of
Mind - Dreams - ill-treatment
Mind - Dreams - inadequate, feels
Mind - Dreams - invasion; people invading her space
Mind - Dreams - jumping
Mind - Dreams - kidnapping
Mind - Dreams - large, of growing
Mind - Dreams - late, being
Mind - Dreams - leash, being on a
Mind - Dreams - losing things
Mind - Dreams - luggage
Mind - Dreams - magic
Mind - Dreams - magnetic
Mind - Dreams - maltreatment
Mind - Dreams - man - she is a
Mind - Dreams - mistreated by relatives
Mind - Dreams - money
Mind - Dreams - mother
Mind - Dreams - mountains
Mind - Dreams - movies - going to the
Mind - Dreams - nakedness
Mind - Dreams - out of body
Mind - Dreams - outsider - he is a
Mind - Dreams - parents
Mind - Dreams - parties
Mind - Dreams - people - aboriginals
Mind - Dreams - persecution
Mind - Dreams - pins, needles
Mind - Dreams - places - narrow
Mind - Dreams - places - tropical
Mind - Dreams - pleasant
Mind - Dreams - police, of
Mind - Dreams - prisoner - being taken a
Mind - Dreams - purchases, making
Mind - Dreams - purse - lost
Mind - Dreams - pursued - hunted, being
Mind - Dreams - quarrels, strife
Mind - Dreams - relatives
Mind - Dreams - responsibility, of - children, for
Mind - Dreams - rivers
Mind - Dreams - rocks
Mind - Dreams - ropes, chains, rings
Mind - Dreams - running

Mind - Dreams - sad
Mind - Dreams – school, of
Mind - Dreams – school, of – old, of
Mind - Dreams - seduction, of
Mind - Dreams - shameful
Mind - Dreams - slugs (new rubric)
Mind - Dreams - snakes
Mind - Dreams - snakes - bitten by, of being
Mind - Dreams - soldiers
Mind - Dreams - stairs
Mind - Dreams - stars, of
Mind - Dreams - stealing, theft
Mind - Dreams - stealing, theft - he was
Mind - Dreams - streams
Mind - Dreams - studies
Mind - Dreams - subordination like a servant
Mind - Dreams - tested, being
Mind - Dreams - tigers
Mind - Dreams - traffic
Mind - Dreams - train, tram
Mind - Dreams - treasure, finding a
Mind - Dreams - trees
Mind - Dreams - trees - climbing (new rubric)
Mind - Dreams - trolls
Mind - Dreams - universe, sees the (new rubric)
Mind - Dreams - urgency
Mind - Dreams - urinating, of
Mind - Dreams - violence
Mind - Dreams - waiting (new rubric)
Mind - Dreams - walls
Mind - Dreams - washing
Mind - Dreams - water
Mind - Dreams - water - crossing (new rubric)
Mind - Dreams - water - diving in
Mind - Dreams - water - flood
Mind - Dreams - water - lakes
Mind - Dreams - water - people - jumping into
Mind - Dreams - water - rivers
Mind - Dreams - water - sea, ocean
Mind - Dreams - water - swimming in
Mind - Dreams - weeping
Mind - Dreams - women - man, changing into (new rubric)
Mind - Dreams - work

Mind - Dreams - writing
Mind - Dullness
Mind - Dullness - comprehend conversation, does not, and is unable to relate properly
Mind - Dullness - fog, feels enveloped in a
Mind - Egotism, self esteem
Mind - Estranged
Mind - Fear - failure - business or work
Mind - Fight, wants to
Mind - Forsaken feeling
Mind - Gestures - tapping with fingers
Mind - Growling like a dog
Mind - Home - desire to leave
Mind - Hurry, haste
Mind - Ideas - abundant
Mind - Impatience
Mind - Indifference, apathy - duties - domestic
Mind - Indifference, apathy - persons, to all
Mind - Indignation
Mind - Indolence - housework, aversion to her usual
Mind - Indolence, aversion to work
Mind - Injustice, cannot support
Mind - Intolerance
Mind - Irresolution, indecision
Mind - Irritability
Mind - Irritability - trifles
Mind - Laughing - anxiety, during
Mind - Laughing - joyless
Mind - Laughing - loudly
Mind - Laughing - nervous
Mind - Loquacity
Mind - Memory - weakness
Mind - Memory - weakness - do, for what he was about to
Mind - Memory - weakness - time
Mind - Mistakes - reading
Mind - Mistakes - time
Mind - Mistakes, making - perception, of
Mind - Mood - agreeable
Mind - Mood - variable
Mind - Neglects - household
Mind - Optimism
Mind - Pessimist
Mind - Positiveness
Mind - Postponing everything to next day

Mind - Prostration of mind
Mind - Quarrelsomeness
Mind - Quick to act
Mind – Restlessness, nervousness
Mind – Restlessness, nervousness - work, during
Mind - Senses - acute - body, of - skin surface
Mind - Sensitive, oversensitive - colors, to
Mind - Sensitive, oversensitive - light, to
Mind - Sensitive, oversensitive - noise, to
Mind - Sensitive, oversensitive - odors, to
Mind - Slowness - motion, in
Mind - Starting - sleep - from
Mind - Sympathetic
Mind - Thoughts - rush, flow of - sleeplessness - with
Mind - Time - loss of conception of
Mind - Time - passes too quickly, appearing shorter
Mind - Wearisome
Mind - Weeping - morning - waking - dreaming, after
Mind - Weeping - waking, on

Vertigo

Vertigo - Headache - during
Vertigo - Nausea - with
Vertigo - Sudden
Vertigo - Turning - agg - motion of head, or
Vertigo – Violent

Head

Head - Brittle - hair
Head - Cutting hair - desires
Head - Dryness - hair
Head - Eruptions
Head - Eruptions - margins of hair
Head - Eruptions - rash
Head - Fog, brain feels enveloped in a
Head - Fullness
Head - Pain - afternoon - agg - 2pm
Head - Pain - disordered stomach, with
Head - Pain - dull
Head - Pain - dull - forehead
Head - Pain - dull - forehead - eyes - above

Head - Pain - dull - forehead - noise, loud agg
Head - Pain - forehead - extending to - sides
Head - Pain - forehead - eyes - above
Head - Pain - forehead - right
Head - Pain - forehead - right - extending to - eye
Head - Pain - heat - agg
Head - Pain - left
Head - Pain - lying - amel
Head - Pain - menses - before
Head - Pain - night - agg.
Head - Pain - noise agg
Head - Pain - occiput
Head - Pain - pressing - one-sided
Head - Pain - pressing - temples - left
Head - Pain - pressing - temples - pressure - agg
Head - Pain - pressing - temples - right
Head - Pain - pulsating
Head - Pain - right
Head - Pain - sudden
Head - Pain - sudden - forehead
Head - Pain - temples - pressure - agg
Head - Pain - temples - right
Head - Pain - warmth - agg
Head - Pressure
Head - Twisting and sensation of

Eyes

Eyes - Dryness
Eyes - Eruptions - Lids - upper
Eyes - Eruptions - Lids - upper - Left
Eyes - Eruptions - Lids - upper - Right
Eyes - Eruptions - Pimples - lids
Eyes - Eruptions - Pustules - lids
Eyes - Lachrymation
Eyes - Lachrymation - left
Eyes - Movement - rolling - right
Eyes - Movement - rolling - upwards
Eyes - Pain - aching - left
Eyes - Pain - canthi - Right
Eyes - Pain - constricting
Eyes - Pain - extending to - forehead
Eyes - Pain - left

Eyes - Pain - pressing
Eyes - Pain - pressing - dark - amel.
Eyes - Pain - pressing - pressure - agg.
Eyes - Pain - right
Eyes - Pain - stitching - left
Eyes - Redness
Eyes - Turned - right
Eyes - Turned - upward

Vision

Vision - Blurred
Vision - Blurred - lachrymation, with
Vision - Bright, seems
Vision - Dazzling
Vision - Light - agg. – bright

Ears

Ears - Inflammation - bones, mastoid
Ears - Pain - dull - right
Ears - Pain - pressure - amel.
Ears - Pain - rubbing - amel.
Ears - Pain - swallowing, on
Ears - Stopped sensation - right
Ears - Water, sensation of

Hearing

Hearing - Acute - noise, to
Hearing - Acute - voices and talking
Hearing - Impaired
Hearing - Impaired - water in ear, from
Hearing - Reverberating
Hearing - Reverberating - loud

Nose

Nose - Air - cold, as if
Nose - Discharge - profuse
Nose - Pain - air - cold, in
Nose - Pain - air - inhaling - agg
Nose - Pain - air - open - agg

Nose - Pain - inspiration - cold
Nose - Pain - internal - air, to inhaled
Nose - Sneezing
Nose - Sneezing – frequent

Smell

Smell - Acute
Smell - Acute - odors, for offensive
Smell - Bad
Smell – Offensive

Face

Face - Cracks - lips
Face - Dark - eyes - below
Face - Dryness - lips
Face - Dryness - lips - thirst, with
Face - Eruptions - cheeks
Face - Eruptions - cheeks - left
Face - Eruptions - fine
Face - Eruptions - forehead
Face – Eruptions – forehead – left
Face - Eruptions - pustules
Face - Eruptions - rash
Face - Eruptions - rash - forehead
Face – Eruptions – rash – left
Face - Eruptions - red - cheeks
Face - Eruptions - rough
Face - Heat
Face - Heat - cheeks
Face - Heat - cheeks - right
Face - Heat - cheeks - waking, on
Face - Heat - lips
Face - Heat - sensation of
Face - Pain - lips
Face - Pain - stitching - jaws
Face - Pain - stitching - jaws - articulation
Face - Pain - stitching - jaws - articulation - right
Face - Pressure - sensation, painless
Face - Swelling - hot
Face - Swelling - jaws - lower
Face - Swelling - jaws - lower - right

Face - Swelling - right
Face - Tingling, Prickling - cheeks
Face - Tingling, Prickling – right

Mouth

Mouth - Dryness
Mouth - Dryness – tongue
Mouth - Inflammation - tongue, glossitis
Mouth - Swelling - glands, salivary - submaxillary, submandibular
Mouth - Swelling - glands, salivary - submaxillary, submandibular - right
Mouth - Swelling - tongue – edges

Taste

Taste - Diminished
Taste - Insipid - food – tastes

Throat

Throat - Dryness - painful
Throat - Dryness - thirst - with
Throat - Hawking - ineffectual
Throat - Hawking - mucus in the larynx, from
Throat - Inflammation - left
Throat - Lump, plug sensation - swallowing - agg
Throat - Lump, plug sensation - swallowing - not amel by
Throat - Mucus
Throat - Mucus - detach, difficult to
Throat - Mucus - eating - after
Throat - Pain - drinks - cold - amel
Throat - Pain - evening
Throat - Pain - left
Throat - Pain - pulsating, throbbing
Throat - Pain - rawness
Throat - Pain - rawness - drinks amel - cold
Throat - Pain - rawness - hawking agg
Throat - Pain - soreness
Throat - Pain - swallowing - agg
Throat - Scratching sensation
Throat - Swelling – left

Neck

Neck - Pain - drawing
Neck - Pain - extending - downward
Neck - Pain - extending - shoulder
Neck - Pain - right
Neck - Pain - sides - right
Neck - Pain - stitching
Neck - Pain - stitching - sides - right
Neck - Tension

Stomach

Stomach - Anger - agg
Stomach - Appetite - capricious
Stomach - Appetite - increased
Stomach - Appetite - increased - morning
Stomach - Appetite - increased - nausea - with
Stomach - Appetite - increased - sudden
Stomach - Appetite - insatiable
Stomach - Appetite - ravenous
Stomach - Appetite - ravenous - headache, during
Stomach - Appetite - ravenous - nausea - with
Stomach - Gurgling noise
Stomach - Heaviness
Stomach - Heaviness - eating - after
Stomach - Lump sensation - eating, after
Stomach - Nausea
Stomach - Nausea - drinking - agg. - water
Stomach - Nausea - drinking - amel
Stomach - Nausea - eating - after
Stomach - Nausea - eating - amel
Stomach - Nausea - evening
Stomach - Nausea - fasting - agg.
Stomach - Nausea - headache, during
Stomach - Nausea - intermittent
Stomach - Nausea - night
Stomach - Nausea - paroxysmal
Stomach - Nausea - vomiting - without
Stomach - Pain - stitching
Stomach - Pain - stitching - paroxysmal
Stomach - Pain - stitching - sitting - amel
Stomach - Sadness, with
Stomach - Thirst

Stomach - Thirst - drink, with aversion to
Stomach - Thirst - extreme
Stomach - Thirst - often, frequent
Stomach - Vomiting - desire to
Stomach - Vomiting - desire to - cannot, but

Abdomen

Abdomen - Distention
Abdomen - Distention - with nausea
Abdomen - Eruptions - itching
Abdomen - Eruptions - urticaria
Abdomen - Flatulence
Abdomen - Heaviness
Abdomen - Heaviness - hypogastrium
Abdomen - Nausea
Abdomen - Pain - inguinal region - extending - downward
Abdomen - Pain - inguinal region - extending - lower limbs - thigh
Abdomen - Pain - inguinal region - left
Abdomen - Pain - stitching - inguinal region - extending - downward
Abdomen - Pain - stitching - inguinal region - extending - thighs
Abdomen - Pain - stitching - inguinal region - left

Rectum

Rectum - Constipation - urging - with
Rectum - Diarrhea - menses - during
Rectum - Flatus - offensive
Rectum - Flatus - offensive - foul
Rectum - Hemorrhage - stool - during
Rectum - Hemorrhoids - painful - stool - during
Rectum - Hemorrhoids - stool - agg
Rectum - Menses agg - during
Rectum - Urging
Rectum - Urging - night

Bladder

Bladder - Inactivity
Bladder - Urging to urinate, morbid desire - absent
Bladder - Urination - frequent - night
Bladder - Urination - frequent - night - seldom during day

Urine

Urine - Odor - Asparagus, like after eating

Urine - Profuse, increased

Female

Female - Dryness - vagina

Female - Eruptions - labia

Female - Eruptions - painful

Female - Eruptions - pimples - labia

Female - Eruptions - pustules - labia

Female - Heat - flushes of

Female - Heaviness - uterus

Female - Leucorrhea - standing - agg

Female - Leucorrhea - thin, watery

Female - Leucorrhea - walking - agg

Female - Leucorrhea - white

Female - Menses - bright red

Female - Menses - brown

Female - Menses - clotted

Female - Menses - clotted - dark

Female - Menses - frequent, too early, too soon

Female - Menses - frequent, too early, too soon - five days too early

Female - Menses - frequent too early, too soon - nine days too early

Female - Menses - intermittent

Female - Menses - irregular

Female - Menses - painful - standing - amel. (new rubric)

Female - Menses - painful - walking - amel.

Female - Menses - painful, dysmenorrhea

Female - Menses - profuse

Female - Menses - profuse - protracted, and

Female - Menses - protracted, prolonged

Female - Menses - protracted, prolonged - seven days

Female - Pain - Bearing down - menses - during

Female - Pain - bearing down - uterus and region of - menses - during

Female - Pain - cramping - menses - before

Female - Pain - cramping - uterus

Female - Pain - cramping - uterus - menses - before

Female - Pain - cramping - uterus - ovulation, during

Female - Pain - menses - after

Female - Pain - menses -before

Female - Pain - ovaries - menses - after

Female - Pushing sensation, uterus
Female - Redness – spots

Speech & Voice

Speech - Lost - voice
Speech - Lost - voice - talking, after prolonged
Speech - Loud voice
Speech - Talking agg
Speech - Weak voice

Respiration

Respiration - Difficult - pain, during
Respiration - Impeded - constriction - chest
Respiration - Impeded – night

Cough

Cough - Breathing - agg - deep
Cough - Dry
Cough - Dry - inspiration - deep
Cough - Dry - morning
Cough - Dry - tickling, from - throat
Cough - Dry - waking
Cough - Tickling - from - throat
Cough - Tickling - waking, on
Cough - Waking, on

Chest

Chest - Constriction
Chest - Constriction - night - bed, in
Chest - Constriction - restlessness, with
Chest - Dryness - nipples
Chest - Dryness - nipples - right (new rubric)
Chest - Fluttering sensation
Chest - Heaviness
Chest - Itching - mammae
Chest - Itching - mammae - right (new rubric)
Chest - Pain - stitching - mammae - region of - under - left
Chest - Pressure on chest
Chest - Scratching sensation

Heart & Circulation

Heart & Circulation - Fluttering Sensation, heart

Back

Back - Pain - cervical region
Back - Pain - cervical region - extending - back, down
Back - Pain - cervical region - extending - downwards
Back - Pain - cervical region - muscles - trapezius
Back - Pain - constricting - cervical region
Back - Pain - dorsal region - scapulae - between
Back - Pain - drawing - cervical Region
Back - Pain - menses - during
Back - Pain - pinching - dorsal region - scapulae
Back - Pain - pinching - lumbar region
Back - Pain - pressing - dorsal region - scapulae
Back - Pain - pressing - lumbar region - menses, during
Back - Pain - pressing - sitting - amel
Back - Pain - pressing - standing - agg
Back - Pain - rubbing - amel
Back - Pain - shoulders, between
Back - Pain - sitting - amel
Back - Pain - sore - cervical region
Back - Pain - standing - agg
Back - Stiffness - dorsal region
Back - Stiffness - stretching amel
Back - Tension - dorsal region
Back - Tension - stretching amel.

Extremities

Extremities - Chilliness - feet
Extremities - Chilliness - legs
Extremities - Chilliness - lower limbs
Extremities - Cracks - hands
Extremities - Dryness - hands
Extremities - Dryness - hands - palms
Extremities - Eruptions - desquamating - hands
Extremities - Eruptions - dry - elbows - bend of
Extremities - Eruptions - dry - hands
Extremities - Eruptions - dry - legs

Extremities - Eruptions - eczema - hands
Extremities - Eruptions - hands
Extremities - Eruptions - itching - hands
Extremities - Eruptions - red - elbows
Extremities - Eruptions - red - hands
Extremities - Eruptions - red - legs
Extremities - Eruptions - red - spots
Extremities - Eruptions - red - spots - lower limbs
Extremities - Eruptions - red - spots - upper limbs
Extremities - Eruptions - rough
Extremities - Eruptions - spots - lower limbs
Extremities - Eruptions - spots - upper limbs
Extremities - Eruptions - urticaria - hands
Extremities - Eruptions - vesicles - hands
Extremities - Eruptions - vesicles - itching - hands
Extremities - Eruptions - vesicles - itching - hands - between fingers
Extremities - Itching - feet - right
Extremities - Itching - feet - soles
Extremities - Itching - feet - soles - right
Extremities - Itching - right
Extremities - Itching - toes
Extremities - Itching - toes - first
Extremities - Pain - 5pm-6pm
Extremities - Pain - 5pm-6pm
Extremities - Pain - aching - elbows
Extremities - Pain - ankles - right
Extremities - Pain - ankles - waking, on
Extremities - Pain - elbows - right
Extremities - Pain - fingers - pressure - agg
Extremities - Pain - intermittent
Extremities - Pain - knees
Extremities - Pain - knees - bending - agg
Extremities - Pain - knees - hollow of
Extremities - Pain - knees - left
Extremities - Pain - knees - Motion agg.
Extremities - Pain - knees - patella
Extremities - Pain - knees - patella - left
Extremities - Pain - knees - rubbing amel
Extremities - Pain - knees - walking
Extremities - Pain - numbness, with
Extremities - Pain - pinching
Extremities - Pain - pinching - knees
Extremities - Pain - pinching - knees - hollow of

Extremities - Pain - rubbing amel.
Extremities - Pain - sciatica
Extremities - Pain - sciatica - night - agg
Extremities - Pain - sciatica - numbness, with
Extremities - Pain - sciatica - right
Extremities - Pain - standing agg.
Extremities - Pain - stitching - knees - standing - while
Extremities - Pain - stitching - rubbing amel
Extremities - Pain - stitching - ankles
Extremities - Pain - stitching - fingers - pressure - agg
Extremities - Pain - stitching - fingers - second, index
Extremities - Pain - stitching - fingers - second, index - left
Extremities - Pain - stitching - fingers - tips
Extremities - Pain - stitching - knees
Extremities - Pain - stitching - knees - left
Extremities - Pain - stitching - knees - outer, lateral
Extremities - Pain - stitching - knees - patella
Extremities - Pain - stitching - knees - patella - left
Extremities - Pain - stitching - right
Extremities - Pain - stitching - splinters, as from - fingers
Extremities - Pain - stitching - sudden - knees - disappearing suddenly
Extremities - Pain - stitching - wrists
Extremities - Pain - stitching - wrists - right
Extremities - Pain - weariness - ankles
Extremities - Pain - weariness - legs
Extremities - Pain - weariness - lower limbs
Extremities - Pain - weariness - wrists
Extremities - Pain - wrists - extending to - arm
Extremities - Pain - wrists - right
Extremities - Pulling Sensation - lower limbs
Extremities - Redness - fingers - tips
Extremities - Restlessness - lying, while
Extremities - Restlessness - night - bed, before going to
Extremities - Restlessness - upper limbs - night
Extremities - Tingling, prickling - upper limbs - forearms
Extremities - Tingling, prickling - upper limbs - forearms - right
Extremities - Tingling, prickling - upper limbs - right
Extremities - Trembling - hands
Extremities - Trembling - upper limbs
Extremities - Twitching - legs - calves
Extremities - Twitching - night

Sleep

Sleep - Disturbed - heat, during
Sleep - Disturbed - pain, from
Sleep - Dozing
Sleep - Falling asleep - late
Sleep - Interrupted - heat, sensation of
Sleep - Position - side - impossible - right
Sleep - Position - side - left
Sleep - Refreshing
Sleep - Restless - anxiety, from
Sleep - Restless - heat - during
Sleep - Restless - restlessness, from physical
Sleep - Short - refreshing
Sleep - Sleepiness
Sleep - Sleepiness - afternoon - 5pm
Sleep - Sleepiness - chill - during
Sleep - Sleepiness - driving - agg
Sleep - Sleepiness - evening - 5pm - about
Sleep - Sleepiness - evening - early
Sleep - Sleepiness - intermittent
Sleep - Sleepiness - lying - lie down, desire to
Sleep - Sleepiness - morning - waking - on
Sleep - Sleepiness - overpowering
Sleep - Sleepiness - yawning, with
Sleep - Sleeplessness - night - first part of
Sleep - Sleeplessness - night - thoughts, with activity of
Sleep - Sleeplessness - thoughts, from
Sleep - Waking - anxiety, after
Sleep - Waking - cares, worries, from
Sleep - Waking - cough, from
Sleep - Waking - early, too
Sleep - Waking - easily
Sleep - Waking - fright, fear, after
Sleep - Waking - morning - 5am
Sleep - Waking - slept one's fill
Sleep - Waking - slept one's fill - short sleep, even after

Chill

Chill - Chilliness
Chill - Chilliness - bed - in
Chill - Chilliness - wrap up, with desire to
Chill - Vertigo, in

Chill - Warmth - desire for

Fever, Heat

Fever, Heat – Internal

Perspiration

Perspiration - Anxiety, with

Skin

Skin - Cracks

Skin - Dryness

Skin - Eruptions - desquamating

Skin - Eruptions - dry

Skin - Eruptions - eczema - dry

Skin - Eruptions - eczema - itching

Skin - Eruptions - granular

Skin - Eruptions - itching

Skin - Eruptions - painful

Skin - Eruptions - painful - sore, smarting

Skin – Eruptions - painless

Skin - Eruptions - pimples

Skin - Eruptions - pustules

Skin - Eruptions - rash - red

Skin - Eruptions - red - spots

Skin - Eruptions - spots

Skin - Eruptions - urticaria

Skin - Eruptions - urticaria - itching - with

Skin - Eruptions - vesicles - itching

Skin - Eruptions - vesicles - red

Skin - Heat

Skin - Itching - sudden

Skin - Itching - violent

Skin - Purpura - haemorrhagica

Skin - Red - spots

Skin - tingling, prickling

Generalities

Generalities - Activity - desires

Generalities - Afternoon - agg

Generalities - Afternoon - agg - 5pm
Generalities - Agility
Generalities - Applications - cold - amel
Generalities - Bed - in
Generalities - Clumsiness
Generalities - Conscious of body
Generalities - Covering - amel and desire for
Generalities - Energy - lots of
Generalities - Evening - agg
Generalities - Evening - agg - 8pm
Generalities - Exercise - desires
Generalities - Faintness - vertigo, in
Generalities - Food and drinks - cheese - amel. (new rubric)
Generalities - Food and drinks - chocolate - agg
Generalities - Food and drinks - chocolate - desires
Generalities - Food and drinks - cold - drinks - desires
Generalities - Food and drinks - cold - drinks, water - desires
Generalities - Food and drinks - fat and rich food - aversion
Generalities - Food and drinks - fruits - desires
Generalities - Food and drinks - indistinct, knows not what, desires
Generalities - Food and drinks - many things, desires
Generalities - Food and drinks - milk - desires
Generalities - Food and drinks - sugar - desires
Generalities - Food and drinks - sweets - aversion
Generalities - Food and drinks - tea - desires
Generalities - Food and drinks - water - agg.
Generalities - Food and drinks - water - desires
Generalities - Heat - flushes of
Generalities - Heat - flushes of - headache - during
Generalities - Heat - lack of vital heat
Generalities - Heat - sensation of
Generalities - Heaviness
Generalities - Lassitude
Generalities - Lassitude - menses - before
Generalities - Lie down - inclination to
Generalities - Lump Sensation
Generalities - Lying - during - bed
Generalities - Motion - amel - rapid, running, dancing
Generalities - Motion - amel - violent
Generalities - Night - agg
Generalities - Night - agg - 9pm
Generalities - Numbness
Generalities - One-sided

Generalities - Pains - constricting
 Generalities - Pains - one-sided
 Generalities - Pains - pressing
 Generalities - Pains - shooting, darting, lightning quick
 Generalities - Pains - stitching
 Generalities - Physical restlessness - move, about continuously, wants to
 Generalities - Waking - agg
 Generalities - Waking - amel
 Generalities - Weariness
 Generalities - Weariness - menses - before
 Generalities - Weariness - waking - on
 Generalities - Wrapping - amel - head

Proving Symptoms with their Corresponding Rubrics

Mind

Prover	Day	Symptom	Rubric
1		Last clinic shift: in clinic, I thought I was remembering everything, but I was forgetting 3steps in a procedure.	Mind - Absentmindedness
6		0feeling very creative, more ideas opening up	Mind - Activity - creative
2		Feels like I should be doing something or 7moving faster	Mind - Activity - desire for
6		1forcefully	Mind - Activity - desire for
2		Feels like I should be doing something or 7moving faster	Mind - Activity - restless
6		feels like a caffeine high, physical jitteriness, a part of me inside pacing - the adult form of the 1hcild that can't be still	Mind - Activity - restless
51 to 9		once the symptoms disapated, she became more distant. She was very enjoyable to speak with and was very engaged while she was getting symptoms (amel during proving)	Mind - Affectionate
6		The dynamic of ease and disquiet isn't natural 5to my patterns	Mind - Alternating states - emotional

	It's a heaviness, a simmering anger and resentment in response to that. No awareness of choice. There is no choice. Like a teen would feel; they have to do what their parents say, no power over their own life, the direction	
6	1it's taking or the things they have to do.	Mind - Anger
98	60Feeling angry and expressing it more. had a bit of an emotional release, [tears and anger both]. This feeling in the pit of my	Mind - Anger
1	11stomach had a bit of an emotional release, [tears and anger both]. This feeling in the pit of my	Mind - Anger - stomach
1	11stomach had a bit of an emotional release, [tears and anger both]. This feeling in the pit of my	Mind - Anguish - pain, with - stomach in
1	11stomach had a bit of an emotional release, [tears and anger both]. This feeling in the pit of my	Mind - Anguish - pain, with - stomach in - pit
1	0I was feeling kind of anxious	Mind - Anxiety
	Normally have a bit of anxiety but not now	
2	0(amel during proving) one of my clients who came today (smoker)..his 3 rd hand smoke residue clings to his clothing and when I give Hypno to him, I	Mind - Anxiety
	tend to cough a lot, it disturbs my working	
5	3abilities. This is a fear.	Mind - Anxiety - business, about
	Normally feeling pressure to do things, but now I am looking forward to accomplishing the	
5	6goals (amel during proving)	Mind - Anxiety - business, about
	anxious, jittery feeling in throat and upper	
6	0thoracic with sweats	Mind - Anxiety - chest, in
	anxious, jittery feeling in throat and upper	
6	0thoracic with sweats	Mind - Anxiety - throat, in
	I've been noticing I feel calmer if I have an appointment.....I'm usually anxious if I have	
2	8an appointment (amel during proving)	Mind - Anxiety - time is set, when a
	Scared, freaked out, 5am. The anxiety/fear	
95	1woke me up. Startled.	Mind - Anxiety - waking, on
	Restless with a feeling of time is passing too	
97	3quickly and being nervous about that	Mind - Anxiety - work - cannot
6	0feeling very creative, more ideas opening up	Mind - Artistic
		Mind - Aversion -
6	0feels 'creepy', wants to 'crawl out of my skin'.	herself, to

6	0distaste, loathing, disgust, turned inwardly not interacting w/ supervisor and she's sitting	Mind - Aversion - herself, to
6	0in front of me When I do things, I feel kind of awkward. When I carry things, or hold things, I'll move them in a position that's awkward, like my	Mind - Aversion to company
1	0dexterity has gone down. Normally feeling pressure to do things, but now I am looking forward to accomplishing the	Mind - Awkwardness
5	6goals (amel during proving) feels tired and doesn't want to go on trip for	Mind - Business - aptitude for
6	3business was listening to people saying things that were funny and it would not bother me at all, I was	Mind - Business - averse to
1	3quite enjoying it, Feel happy with my kids. Don't shout. More	Mind - Cheerfulness
8	3tolerant (amel during proving)	Mind - Cheerfulness
5	5There is a happiness.	Mind - Cheerfulness
2	8Feel less inclined to do things with the kids Feel that I want to care for my children - not	Mind - Children - aversion to - her own Mind - Children - desires to - have, to beget, to nurture
8	3protective - but nurturing them intense feeling about my kids, very protective, walking around with them and if a car drove	Mind - Children - desires to - have, to beget, to nurture
96	5too close, growled. I want to wear black. No color! Like a teenager	Mind - Colors - aversion to
6	1going Gothic with black eyeliner. I want to wear black. No color! Like a teenager	Mind - Colors - desires - black
6	1going Gothic with black eyeliner. looking at color was too stimulating, want no	Mind - Colors - desires - black - clothes
6	2stimulation of the eyes > wearing black feels like she's knocking on doors, scaling	Mind - Communication - inability for
6	3walls to get through to her son I think we were meant not to connect last night. It is all part of that whole thing. Maybe there	Mind - Communication - inability for
5	5isn't a connection. A breaking down.	

	During conversations...I have this feeling that I don't understand what they are saying...like they are speaking a different language and I	Mind - Communication
8	2I don't understand the meaning.	- inability for
		Mind - Concentration -
8	1More focused than usual	active
	It was hard to concentrate. I couldn't sit down	Mind - Concentration -
8	2and work on my pamphlets	difficult
	Very unfocused, forgetful, confusing time	
	schedules (being late for an appt, forgetting	Mind - Concentration -
97	3time zones, etc.)	difficult
		Mind - Concentration -
	I tried to read a book. I found that I wasn't	difficult - studying,
8	0focussing as well as I used to.	reading
		Mind - Concentration -
		difficult - studying,
3	0focusing on proofreading difficult	reading, while
	It was hard to concentrate. I couldn't sit down	Mind - Concentration -
8	2and work on my pamphlets	difficult - work, during
		Mind - Confidence -
8	1I More confidence in what I do	self, in
	feel a firmness, straight, let me tell you how it	
	is. This masculine energy, who gives a shit!?	
	My system will assimilate and integrate this	
	energy whatever its about, not concerned about	
	it. (supervisor observation - great confidence	Mind - Confidence -
6	1and no nonsense)	self, in
		Mind - Confidence -
2	9No confidence	want of self
	Very unfocused, forgetful, confusing time	
	schedules (being late for an appt, forgetting	Mind - Confusion -
97	3time zones, etc.)	time
		Mind - Confusion of
2	0The whole experience made me feel confused	mind
		Mind - Confusion of
	it's like being another person, living inside of	mind - identity, as to
6	1me	his
		Mind - Confusion of
	I'm flowing and then the left brain cuts in and	mind - identity, as to
6	5doubts or I imagine it	his

	My connection with people seems different, I don't seem to have a sense of distance, of boundaries,	Mind - Confusion of mind - identity, as to his - boundaries, and personal
1		Mind - Confusion of mind - identity, as to his - duality, sensation of
	it's like being another person, living inside of me	Mind - Confusion of mind - identity, as to his - duality, sensation of
6		Mind - Confusion of mind - identity, as to his - duality, sensation of
	I'm flowing and then the left brain cuts in and doubts or I imagine it	Mind - Contented
6		Mind - Contradict, disposition to
	I have more of a tendency this week to be in a place of contentment.	Mind - Delusions, imaginations -
5	Feeling very argumentative and confrontational. Really standing up for myself, and what I can or cannot live with or put up with. More aggressive.	Mind - Delusions, imaginations - coat appreciated, that she is not
98		Mind - Delusions, imaginations - coat armor, wearing a (new rubric)
	Sad, not feeling myself today, like I have a coat of armor, defensive, unappreciated.	Mind - Delusions, imaginations - controlled, every movement and thought
6		Mind - Delusions, imaginations - dirty - he is, she is
	Sad, not feeling myself today, like I have a coat of armor, defensive, unappreciated.	Mind - Delusions, imaginations - poisoned - has been, he
6		Mind - Delusions, imaginations - ugly
	There's a statement in that of feeling oppressed, a victim under someone else's influence and being controlled by that.	Mind - Delusions, imaginations - unreal, everything is
6		
	I feel that I look like a grub. I feel grubby.	
2		
	I feel toxic, like I've been poisoned	
6		
	I don't feel confident and beautiful	
2		
	I sense that things are not as they appear to be	
6		

	There's a statement in that of feeling	Mind - Delusions,
	oppressed, a victim under someone else's	imagination - victim,
6	1 influence and being controlled by that.	she is a
	Life is so much more mundane, boring,	
1	6 detached, not fun.	Mind - Detached
	I think we were meant not to connect last night.	
	It is all part of that whole thing. Maybe there	
5	5 isn't a connection. A breaking down.	Mind - Detached
	once the symptoms dissipated, she became	
	more distant. She was very enjoyable to speak	
	with and was very engaged while she was	
51 to 9	getting symptoms (amel during proving)	Mind - Detached
		Mind - Disgust -
6	0 distaste, loathing, disgust, turned inwardly	himself, with
	I feel like I talk to people at a distance . . . I'm	
	speaking to you as if you were right beside me,	Mind - Distance -
	and clearly they were not close and it was	inaccurate judgement
1	1 inappropriate	of
	He put his hand on my lap and I didn't know	Mind - Dreams -
1	5 what to do, and I realized I should remove it.	abused, being
	One girl at the party tried to stick her finger up	Mind - Dreams -
2	0 my anus	abused, being
	Went back home. Mother in law was up. Did I	
	remember to buy her a bottle of booze. No.	
	She's bitchy, accusing me of deliberately doing	
	that to get even with her. Tells me i'm very	Mind - Dreams -
6	1 angry.	accusations
		Mind - Dreams -
2	0 We are all really young, teenagers maybe	adolescence
		Mind - Dreams -
1	4 Dream...I was planning to adopt the child	adoption
	Dreams: Like an Indiana Jones adventure, into	Mind - Dreams -
6	1 a tomb, deep into the earth looking for treasure.	adventurous
	We were starting to have trouble breathing, and	
	he found a place up high, that we shot up to so	Mind - Dreams - air,
1	4 that we could breathe.	want of
	I was thinking how irritating she is and I didn't	Mind - Dreams - anger,
2	2 want her to talk to me	angry
	The feeling in the dream was a mix of anger at	Mind - Dreams - anger,
2	14 her stupidity and fear for her safety	angry

	Went back home. Mother in law was up. Did I remember to buy her a bottle of booze. No. She's bitchy, accusing me of deliberately doing that to get even with her. Tells me i'm very	Mind - Dreams - anger,
6	1angry.	angry
		Mind - Dreams -
8	20I dreamt about ducks	animals
	Dream - something about catching a	Mind - Dreams -
3	3hummingbird - the rest of it escapes me though.	animals
		Mind - Dreams -
2	15Dreamt about black panther licking my face	animals
	dream, all I remember is clearly seeing a tiger	Mind - Dreams -
98	87standing in front of me	animals
		Mind - Dreams -
2	0There is a dog that I am leading	animals
	It was a school for botany and invertebrates,	Mind - Dreams -
1	12and I asked them about a slug	animals
	A teen had cut a hole in the wall and snakes	Mind - Dreams -
2	1were living in the wall that led into the ground	animals
	Last night, I dreamt about being at a place	Mind - Dreams -
	where people were able to heal by having all	animals - healing,
	sorts of animals (small ones) to take care of.	Itusing small animals for
4	12was was all very moving and heart stirring.	(new rubric)
	The cougar saw me and jumped up and caught	
	on a branch just below me, and I kicked it as	
	hard as I could and the cougar fell to the	Mind - Dreams -
4	3ground.	animals - pursued by
	The feeling in the dream was a mix of anger at	Mind - Dreams -
2	14her stupidity and fear for her safety	anxious
		Mind - Dreams -
8	6Feeling - anguish, anxiety.	anxious
		Mind - Dreams -
	I check out another girl to see if I am skinnier	appearance, concern
2	0than her	about
	I felt guilty and ashamed for protecting my	Mind - Dreams -
1	5own boundaries	ashamed - she is
	The cougar saw me and jumped up and caught	
	on a branch just below me, and I kicked it as	
	hard as I could and the cougar fell to the	Mind - Dreams -
4	3ground.	attacked

	Dream - at an office, w/ lots of workers, s'thing going on so people were pressed for time and computers were acting up and people were testy w/ each other, but it was a beautiful day outside; something lime green but don't	Mind - Dreams - beautiful
3	2rememeber what it was.	
8	20I dreamt about ducks	Mind - Dreams - birds
	Dream - something about catching a	
3	3hummingbird - the rest of it escapes me though.	Mind - Dreams - birds
	It's all about me creating a boundary, people	Mind - Dreams -
1	5invading my space	boundaries crossed
	We weren't concerned about the lack of air,	Mind - Dreams -
1	4because we could breath under water.	breathe under water, she can
	Dream, I arrived at the correct remedy. Feeling	Mind - Dreams -
8	5was of being successful at work	business - success
		Mind - Dreams - cats,
2	15Dreamt about black panther licking my face	felines
	dream, all I remember is clearly seeing a tiger	Mind - Dreams - cats,
98	87standing in front of me	felines
		Mind - Dreams - cats,
4	3but when I saw it, it was a big cougar.	felines - big
		Mind - Dreams - cats,
2	15Dreamt about black panther licking my face	felines - black
	In my dream, I was talking with someone who had a warrant out for his arrest and I asked him some questions and provided what I knew of his case. He asked me if I had the warrant for his arrest and I said "no." He then asked where I got the info on him. He then told me he would be in touch with his lawyer. I remember	
	feeling I had to be very careful about what I	Mind - Dreams -
4	13said to hi and then I woke up.	cautious
	Dreamt that daughter kept falling down the	Mind - Dreams - child
2	14steps repeately and I couldn't get to her	- falling (new rubric)
		Mind - Dreams - child
2	8Had a terrible dream that my daughter was lost	- losing
	She had a dream of a young girl who died. She was caring for the little girl and went out to buy juice for her and when she returned the child was dead. She was sorry she couldn't	
6	6have been there for her passing.	Mind - Dreams - children

1	Dream...something about me telling a story as 2a baby, like I was an infant in my parents arms,	Mind - Dreams - children - babies Mind - Dreams -
2	I was with family and children protecting them 23and the snake bit me	children - protecting them
6	That shifted to being responsible for a young girl around eight years old, like a daughter or granddaughter. She was invited over to play and I was uncomfortable with her going. The other child seemed weird and dangerous, taking advantage of her naïveté. I wanted her where I could see her and take care of her because the other child, who was developing early at too young and age, was proposing harm and using; innocence that others wish to 1abuse in her sexuality. I was concerned.”	Mind - Dreams - children - protecting them
2	Dreamt that daughter kept falling down the 14steps repeatedly and I couldn't get to her	Mind - Dreams - children in danger
6	That shifted to being responsible for a young girl around eight years old, like a daughter or granddaughter. She was invited over to play and I was uncomfortable with her going. The other child seemed weird and dangerous, taking advantage of her naïveté. I wanted her where I could see her and take care of her because the other child, who was developing early at too young and age, was proposing harm and using; innocence that others wish to 1abuse in her sexuality. I was concerned.”	Mind - Dreams - children in danger
4	Last night, I went to bed at around 10:30 pm and I had a vivid dream about being in a big city and we were looking at places to buy different size blankets. I remember tht I tried out quite a few and found that big, large blankets in single colors were the best. Storing them became a concern and after folding them in so many different ways, we found that 1rolling them up was the best way.	Mind - Dreams - cities
98	I was in a group with other people, we were in a tropical jungle setting, on top of a cliff that 70had a lot of trees on it	Mind - Dreams - cliff, standing on a

	Just below was tree, and I thought if I jumped down to the top of the branches, I could make my way down. I jumped and caught on to a	Mind - Dreams - climbing
4	3strong branch.	
	went to the trees, landed in the branches.	Mind - Dreams - climbing
1	12Climbed on many, many branches.	
	the belt is an open washer and all the clothes,	Mind - Dreams - clothes
1	4wad of clothes are clogged in it	
	I'm on my knees putting stuff away in a	Mind - Dreams - clothes
6	1clothes cupboard.	
	the belt is an open washer and all the clothes,	Mind - Dreams - clothes - washing
1	4wad of clothes are clogged in it	
	there was a wooden coffin, and inside, there was this person, and he wasn't dead, he was	Mind - Dreams - coffins
1	1sleeping	
	there was a wooden coffin, and inside, there was this person, and he wasn't dead, he was	Mind - Dreams - coffins - alive sleeping person inside (new rubric)
1	1sleeping	
	Dream - at an office, w/ lots of workers, s'thing going on so people were pressed for time and computers were acting up and people were testy w/ each other, but it was a beautiful day outside; something lime green but don't	Mind - Dreams - computers
3	2rememeber what it was.	
	Dream...he was very assured of himself. He	Mind - Dreams - confidence - want of
8	4was more confident than I.	
	Got up, went to Walmart, Forgot purse, went back (confused), came back to store, couldn't	Mind - Dreams - confused
6	1remember what to buy.	
	3but when I saw it, it was a big cougar.	Mind - Dreams - cougars (new rubric)
4		
	I was hiding from the police because they	Mind - Dreams - crime
1	12thought I had killed someone.	- he had committed a
		Mind - Dreams - crime
2	9Dream I was by a marina and I was trespassing	- he had committed a
	Last night I had a dream of someone holding me or somebody else hostage in a store. There	Mind - Dreams - crimes
98	90was fear or threat of violence.	
	Last night I had a dream of someone holding me or somebody else hostage in a store. There	Mind - Dreams - criminals
98	90was fear or threat of violence.	

	In my dream, I was talking with someone who had a warrant out for his arrest and I asked him some questions and provided what I knew of his case. He asked me if I had the warrant for his arrest and I said "no." He then asked where I got the info on him. He then told me he would be in touch with his lawyer. I remember feeling I had to be very careful about what I	Mind - Dreams - Criminals
4	13said to hi and then I woke up.	
		Mind - Dreams -
8	6Dream that I was being cursed by some person I feel responsible and worried for the other	cursed (new rubric) Mind - Dreams -
2	0dogs safety	danger
	I had to get out of there because the ice was cracking and I was going to get engulfed in a	Mind - Dreams -
2	9wave of ice	danger
	it felt more perilous a situation when inside the car . . . it looked like we were going to fall off	Mind - Dreams -
1	1the left side of the ledge	danger - falling
	something happening threatening our lives so	Mind - Dreams -
1	12we had to make a run for it.	danger - fleeing from a
	I did have a dream about being younger andn planning on going back to this residential school I attended. I was warned that it would	Mind - Dreams -
4	3be dangerous, but I went anyway.	danger - impending Mind - Dreams - danger - safe in a
		dangerous situation
2	15Dreamt about black panther licking my face The dream shifted to a house in Black Diamond (Alberta), having coffee on the veranda with my daughter, feeling friendly and	Mind - Dreams -
6	1nice.	daughter, of
	Ex-friend has died. Phone call that he was in	Mind - Dreams - death
7	0hospital in serious conditions.	- friends
	A person of the clergy had died, like a pastor or	Mind - Dreams - death
1	1reverend	- preachers
	She had a dream of a young girl who died. She was caring for the little girl and went out to buy juice for her and when she returned the child was dead. She was sorry she couldn't	Mind - Dreams - death,
6	6have been there for her passing.	of

2	I new I would catch friend Ruth in a lie about 2her knowing stuff	Mind - Dreams - deception
1	I push her back 10 feet or so and I say something like: "I'm glad that your moving really, really fast, but your trampling on me 4right now, so if you need to get off..."	Mind - Dreams - defending - himself
4	The cougar saw me and jumped up and caught on a branch just below me, and I kicked it as hard as I could and the cougar fell to the 3ground.	Mind - Dreams - defending - himself
2	I was concerned that they were going to eat food and get poop on the food so I was about to 75tell them to go wash their hands	Mind - Dreams - dirty
2	0There is a dog that I am leading He accidently pushed a lever and the floor opened, fascinating what it revealed, amazing	Mind - Dreams - dogs
6	1carved doors. Dream...there were a scene at drive-in movies, I never saw the movie, but was driving towards	Mind - Dreams - doors
1	1the drive-in,	Mind - Dreams - driving - car
4	As we were driving downtown, we saw that 1some streets were being closed off.	Mind - Dreams - driving - car
6	A man came up to me. Looking into his eyes, he was stoned, a natural exalted state, 1expansive, maybe he'd taken peyote.	Mind - Dreams - drugs - hallucinogens
8	20I dreamt about ducks	Mind - Dreams - ducks
2	2There was pie and I was eating it	Mind - Dreams - eating
8	5We were having lunch at a party	Mind - Dreams - eating
2	Dreamt that daughter kept falling down the 14steps repeately and I couldn't get to her	Mind - Dreams - efforts - unsuccessful
2	I was really embarrassed that I was not better 75prepared for that emergency	Mind - Dreams - embarrassment
8	I had to disguise the feeling that I did not know 4what to give him	Mind - Dreams - embarrassment
4	I remember that we met some people who were very excited about a big entertainer coming to 1town.	Mind - Dreams - entertainment
1	something happening threatening our lives so 12we had to make a run for it.	Mind - Dreams - escape
2	I had to get out of there because the ice was cracking and I was going to get engulfed in a 9wave of ice	Mind - Dreams - escape

8	Something evil was after us. We had to get rid 6of it.	Mind - Dreams - evil
2	75Then I pooped on the floor of the tree house one of my treehouse siblings got it (feces) on	Mind - Dreams - excrement
2	75their paw one of my treehouse siblings got it (feces) on	Mind - Dreams - excrement - animal
2	75their paw I am being led through the streets of a very	Mind - Dreams - fairytale, as in a
2	0organized quaint little fairy tale city Dreamt that daughter kept falling down the	Mind - Dreams - falling
2	14steps repeatedly and I couldn't get to her I realized that she was going to fall, so I ran to	Mind - Dreams - falling
1	4window the window and I caught her through the	Mind - Dreams - falling
1	4Started out first my mom, aunt, younger sister and myself on the SkyTrain, going somewhere,	Mind - Dreams - family
2	8don't remember where we were going I was looking after my son and my husband let	Mind - Dreams - family
8	5my daughter go with the ladies and babies The other was being around a lot of people,	Mind - Dreams - family
2	0many patients and aso my family was there I manage to get him away from the other dog	Mind - Dreams - fights
1	12just in time to avoid a dog fight On the side of the rock face, there were some	Mind - Dreams - figures
6	1clay/plastic men. Carved stone ten feet tall and six feet wide, massive base relief including two figures holding a basket showing what treasure was behind the door, but the treasure wasn't what	Mind - Dreams - figures
4	1the man thought it would be. We went by some some huge make shift statues	Mind - Dreams - figures
8	6of people in various positions. We had to go where a bed post was, and light it	Mind - Dreams - fire
2	75on fire First I dreamt that I was in a house and it was	Mind - Dreams - fire - house, building on
1	12I was hiding from the police because they thought I had killed someone.	Mind - Dreams - fleeing, of
6	3Dream - I remember being on my hands and knees peering at a small clump of white daisies flowers	Mind - Dreams -

	We went up to the end of this area, we were	
1	4flying by this time,	Mind - Dreams - flying
	There was a Tupperware of food and a spoon,	
	and it was pretty empty, and he had taken/eaten	
1	1it.	Mind - Dreams - food
2	2There was pie and I was eating it	Mind - Dreams - food
8	5We were having lunch at a party	Mind - Dreams - food
		Mind - Dreams - food -
2	9I was mortified I'd forgotten the cake	cakes and pastries
1	12I was in a forest.	Mind - Dreams - forest
	Got up, went to Walmart, Forgot purse, went	
	back (confused), came back to store, couldn't	Mind - Dreams -
6	1remember what to buy.	forgetful, being
	Which to me meant that those feelings of love	Mind - Dreams -
1	5that people gave me were not genuine.	forsaken, forsaking
	I was in a group and we went to a psychic who	Mind - Dreams -
1	5did group readings	fortune tellers, of
	An old friend found me just in time and I made	Mind - Dreams -
2	2it to the test	friends
	Ex-friend has died. Phone call that he was in	Mind - Dreams -
7	0hospital in serious conditions.	friends
	Anyway, we went to a friends place to sleep at	
	some place in town and we were supposed to	
	get up early to head out across town to see this	
	big show that this entertainer was going to	Mind - Dreams -
4	1give.	friends
	An old friend found me just in time and I made	Mind - Dreams -
2	2it to the test	friends - old
		Mind - Dreams -
8	4Took a case of a friend I hadn't seen in years	friends - old
	Last night I had a dream of someone holding	
	me or somebody else hostage in a store. There	Mind - Dreams -
98	90was fear or threat of violence.	frightful
	They come in for the ceremony with an	Mind - Dreams -
1	1elaborate ivory coffin.	funerals
	Dreams: Like an Indiana Jones adventure, into	Mind - Dreams -
6	1a tomb, deep into the earth looking for treasure.	graves
	I felt guilty and ashamed for protecting my	
1	5own boundaries	Mind - Dreams - guilt
		Mind - Dreams -
1	1someone was hiding him, or he was hiding.?	hiding

1	I was hiding from the police because they 12thought I had killed someone.	Mind - Dreams - hiding
2	I couldn't see well on the stage and there she 8was hiding under a blanket crying	Mind - Dreams - hiding
1	In my old house, the one I was in when I 6created the game.	Mind - Dreams – home - of - childhood home
7	Went to the hospital, his only option was life 0support	Mind - Dreams - hospitals
1	Dream...there was a section where I was staying at a hotel with a friend, or trying to stay 1at a hotel,	Mind - Dreams - hotels
2	Then we are all just waiting outside this house 0for time to get our presents	Mind - Dreams - house, houses Mind - Dreams -
2	It was bilt on the water's edge and when the 1tide came in the lot gets covered in water	house, houses - flood, in a Mind - Dreams -
2	1Looking for a house to buy	house, houses - looking at to buy Mind - Dreams -
2	The house was poorly designed and in bad 1shape	house, houses - run- down Mind - Dreams -
2	It was about a house and it was the wrong size, 2too small	house, houses - small, too (new rubric) Mind - Dreams -
2	I had a dream right after that about being 75invited to live in a tree house	house, houses - tree (new rubric) Mind - Dreams -
2	It was bilt on the water's edge and when the 1tide came in the lot gets covered in water	house, houses - water's edge, at (new rubric)
3	Dream - something about catching a 3hummingbird - the rest of it escapes me though.	Mind - Dreams - hummingbirds
2	I had to get out of there because the ice was cracking and I was going to get engulfed in a 9wave of ice	Mind - Dreams - ice, of
1	I push her back 10 feet or so and I say something like: "I'm glad that your moving really, really fast, but your trampling on me 4right now, so if you need to get off..."	Mind - Dreams - ill- treatment
1	He put his hand on my lap and I didn't know 5what to do, and I realized I should remove it.	Mind - Dreams - ill- treatment

8	4I was not as prepared as I should be	Mind - Dreams - inadequate, feels
	It's all about me creating a boundary, people	Mind - Dreams - invasion; people
1	5invading my space	invading her space
	Just below was tree, and I thought if I jumped	
	down to the top of the branches, I could make	
	my way down. I jumped and caught on to a	Mind - Dreams -
4	3strong branch.	jumping
	Last night I had a dream of someone holding	
	me or somebody else hostage in a store. There	Mind - Dreams -
98	90was fear or threat of violence.	kidnapping
	It's like the belt is small and we're big, even if	
	we're inside of it, we're bigger, if that makes	Mind - Dreams - large,
1	4sense.	of growing
	An old friend found me just in time and I made	Mind - Dreams - late,
2	2it to the test	being
	We are all attached to long long ropes and he is	Mind - Dreams - leash,
2	0leading us	being on a
	Then, I was thinking we would find the	
	clothes, now that we could fly, but we dove	
	back down in to the water because we couldn't	Mind - Dreams - losing
1	4find them,	things
	There was a line of baggage outside on the	
	street, so we put our luggage there . . . someone	
	was picking up the piece of luggage and we	Mind - Dreams -
1	1could not get it back from that person.	luggage
	they went to see this person we called the	
1	2wizard	Mind - Dreams - magic
	It was the wrong size so I used magic to make	
2	2my head fit	Mind - Dreams - magic
8	6Dream that I was being cursed by some person	Mind - Dreams - magic
	If Judy held on, she went back to that same	
	spot as well, like a very strong magnetic pull	Mind - Dreams -
1	12that didn't let her go very far.	magnetic
	I push her back 10 feet or so and I say	
	something like: "I'm glad that your moving	
	really, really fast, but your trampling on me	Mind - Dreams -
1	4right now, so if you need to get off..."	maltreatment
		Mind - Dreams - man -
1	12I'm male in the dream, not female.	she is a

	I push her back 10 feet or so and I say something like: "I'm glad that your moving really, really fast, but your trampling on me 4right now, so if you need to get off..."	Mind - Dreams - mistreated by relatives Mind - Dreams -
1	4and there's wads of money - change, not bills	money
	Started out first my mom, aunt, younger sister and myself on the SkyTrain, going somewhere,	Mind - Dreams -
1	4don't remember where we were going kind of a jagged rock face, kind of	mother
	mountainous, I thought the sea was on the	Mind - Dreams -
1	12other side of it.	mountains
	Dream...there were a scene at drive-in movies, I never saw the movie, but was driving towards	Mind - Dreams -
1	1the drive-in,	movies - going to the
	Mother in law takes off her clothes to get dressed. I'm uncomfortable & curious about	Mind - Dreams -
6	1her nudity.	nakedness
	it was like an out of body experience as I	Mind - Dreams - out of
1	1watched myself cross	body
	with a family that was kind of an outsider to	Mind - Dreams -
2	75the rest of the normal world	outsider - he is a
	Dream...something about me telling a story as	Mind - Dreams -
1	2a baby, like I was an infant in my parents arms,	parents
		Mind - Dreams -
2	75My dad came in to help me with the fire	parents
	I was at a party with friend but I don't know	Mind - Dreams -
2	0any of them	parties
		Mind - Dreams -
8	5We were having lunch at a party	parties
	It was a story of my parents: they were First-	Mind - Dreams -
1	2Nation or Hawaiian, or something like that	people - aboriginals
	Something evil was after us. We had to get rid	Mind - Dreams -
8	6of it.	persecution
	dream, I had acupuncture needles stuck in my belly and scapula region of my left arm and my	Mind - Dreams - pins,
1	11hip.	needles
	Wanted to go hide in a room but there was a	Mind - Dreams - places
2	9narrow opening	- narrow
		Mind - Dreams - places
1	1There was a tropical setting again	- tropical

	I was in a group with other people, we were in a tropical jungle setting, on top of a cliff that had a lot of trees on it	Mind - Dreams - places - tropical
98		
	It was a loving and amused feeling. Amused by him, a tender, gentle amusement.	Mind - Dreams - pleasant
6		
	I was hiding from the police because they thought I had killed someone.	Mind - Dreams - police, of
1		
	Dream ended by me almost to the point of successfully seducing my way out of being arrested	Mind - Dreams - police, of
2		
	We finally winded our way to the place where we were yesterday and found police directing traffic.	Mind - Dreams - police, of
4		
	The police found me and took me to a confinement centre.	Mind - Dreams - prisoner - being taken a
1		
	Got up, went to Walmart, Forgot purse, went back (confused), came back to store, couldn't remember what to buy.	Mind - Dreams - purchases, making
6		
	Last night, I went to bed at around 10:30 pm and I had a vivid dream about being in a big city and we were looking at places to buy different size blankets. I remember tht I tried out quite a few and found that big, large blankets in single colors were the best. Storing them became a concern and after folding them in so many different ways, we found that rolling them up was the best way.	Mind - Dreams - purchases, making
4		
	Then there was something about going somewhere and having to wait for 2 hours outside because of my purse was inside,	Mind - Dreams - purse - lost
1		
	The cougar saw me and jumped up and caught on a branch just below me, and I kicked it as hard as I could and the cougar fell to the ground.	Mind - Dreams - pursued - hunted, being
4		
	Then I reprimanded everyone including the children for not watching more closely	Mind - Dreams - quarrels, strife
2		
	Went back home. Mother in law was up. Did I remember to buy her a bottle of booze. No. She's bitchy, accusing me of deliberately doing that to get even with her. Tells me i'm very angry.	Mind - Dreams - quarrels, strife
6		

	Dream - at an office, w/ lots of workers, s'thing going on so people were pressed for time and computers were acting up and people were testy w/ each other, but it was a beautiful day outside; something lime green but don't	Mind - Dreams -
3	2rememeber what it was.	quarrels, strife Mind - Dreams -
6	1Dream - visiting husbands first mother in law. She had a dream of a young girl who died. She was caring for the little girl and went out to buy juice for her and when she returned the child was dead. She was sorry she couldn't	relatives Mind - Dreams -
6	6have been there for her passing.	responsibility, of - children, for
4	3Then I heard a movement near by a river or a stream.	Mind - Dreams - rivers
1	12kind of a jagged rock face, kind of mountainous, I thought the sea was on the other side of it.	Mind - Dreams - rocks
2	0We are all attached to long long ropes and he is leading us	Mind - Dreams - ropes, chains, rings Mind - Dreams -
2	9I was being chased	running
7	0Then I had to go and tell his family that he had died... They were all upset... Woke up with tears in my face	Mind - Dreams - sad
1	12It was a school for botany and invertebrates, and I asked them about a slug	Mind - Dreams - school, of
4	1I had a dream about taling with somone about a student who was learning very well, getting high grads. The other person was very happy about how smart the student is. I told the person I had a real concern. The teacher was surprised and aske why. I said that "smart" kids do very well with little effort and can get easily bored. They also find it difficul to find which direction to take their talents. This is all I could remember.	Mind - Dreams - school, of
4	1I only remember that I dreamt about learning how to learn in school. I really had to pay attention. I wish I could remember more.	Mind - Dreams - school, of

	I did have a dream about being younger andn planning on going back to this residential school I attended. I was warned that it would	Mind - Dreams - school, of – old, of
4	3be dangerous, but I went anyway. Dream ended by me amost to the point of successfully seducing my way out of being	Mind - Dreams - seduction, of
2	9arrested	Mind - Dreams - shameful
2	0I feel ashamed, but as if I have no choice It was a school for botany and invertebrates,	Mind - Dreams - slugs (new rubric)
1	12and I asked them about a slug A teen had cut a hole in the wall and snakes	Mind - Dreams - snakes
2	1were living in the wall that led into the ground	Mind - Dreams - snakes - bitten by, of being
2	23snake twice I dreamt that I had been bitten by a very large	Mind - Dreams - soldiers
1	12was a small Greecian army, in red and white	Mind - Dreams - stairs
2	11Once again I was looking at steps Looking into his eyes I could see the universe,	Mind - Dreams - stars, of
6	1a night sky with stars. There was a line of baggage outside on the street, so we put our luggage there . . . someone was picking up the piece of luggage and we	Mind - Dreams - stealing, theft
1	1could not get it back from that person. I actually shoplifted a \$6000 CD and had to	Mind - Dreams - stealing, theft
2	9escape getting caught	Mind - Dreams - stealing, theft
98	Last night I had a dream of someone holding me or somebody else hostage in a store. There 90was fear or threat of violence.	Mind - Dreams - stealing, theft
2	I actually shoplifted a \$6000 CD and had to 9escape getting caught	Mind - Dreams - stealing, theft - he was
4	Then I heard a movement near by a river or a 3stream.	Mind - Dreams - streams

I had a dream about taling with somone about a student who was learning very well, getting high grads. The other person was very happy about how smart the student is. I told the person I had a real concern. The teacher was surprised and aske why. I said that “smart” kids do very well with little effort and can get easily bored. They also find it difficul to find which direction to take their talents. This is all
4 I could remember. Mind - Dreams - studies

There is also a feeling of being possessed by
2 Ohim Mind - Dreams - subordination like a servant

I dreamt I had to take some test and they forgot
2 to give the room info and time Mind - Dreams - tested, being

dream, all I remember is clearly seeing a tiger
98 87standing in front of me Mind - Dreams - tigers

We finally winded our way to the place where we were yesterday and found police directing
4 ltraffic. Mind - Dreams - traffic

Started out first my mom, aunt, younger sister and myself on the SkyTrain, going somewhere,
1 4don’t remember where we were going Mind - Dreams - train, tram

Dream: Then getting on a crowded little tourist train, getting off at city center, having a
6 3meal, needing to pee. Mind - Dreams - train, tram

Dreams: Like an Indiana Jones adventure, into
6 la tomb, deep into the earth looking for treasure. treasure, finding a
went to the trees, landed in the branches.

1 12Climbed on many, many branches. Mind - Dreams - trees

I had a dream right after that about being
2 75invited to live in a tree house Mind - Dreams - trees

I was in a group with other people, we were in a tropical jungle setting, on top of a cliff that
98 70had a lot of trees on it Mind - Dreams - trees

Just below was tree, and I thought if I jumped down to the top of the branches, I coud make my way down. I jumped and caught on to a
4 3strong branch. Mind - Dreams - trees

	Just below was tree, and I thought if I jumped down to the top of the branches, I could make my way down. I jumped and caught on to a	Mind - Dreams - trees - climbing (new rubric)
4	3strong branch. went to the trees, landed in the branches.	Mind - Dreams - trees - climbing (new rubric)
1	12Climbed on many, many branches. ghoul/troll person was handing out Duo-tangs	Mind - Dreams - trolls
1	12of materials	Mind - Dreams -
	Looking into his eyes I could see the universe, a night sky with stars.	universe, sees the (new rubric)
6	1a	Mind - Dreams -
8	6We were scared. Urgency to take this thing off. Jessica went to the toilet w/ me, no door, 2 toilet holes, side by side, sitting to pee, jessica	urgency
6	3becomes L.H.	Mind - Dreams - urinating, of
	Last night I had a dream of someone holding me or somebody else hostage in a store. There	Mind - Dreams -
98	90was fear or threat of violence.	violence
	Then we are all just waiting outside this house	Mind - Dreams -
2	0for time to get our presents	waiting (new rubric)
	When I got there, I came to a big huge wall. I somehow climbed on the tom and looked over	
4	3to where the school was.	Mind - Dreams - walls
	I was concerned that they were going to eat food and get poop on the food so I was about to	Mind - Dreams -
2	75tell them to go wash their hands	washing
	and the belt is full of water, so we have to go	
1	4back, and we have to swim back	Mind - Dreams - water
	when we went to cross the bridge, it was	Mind - Dreams - water
1	1actually a sand bar across the ocean, Then, I was thinking we would find the clothes, now that we could fly, but we dove	- crossing (new rubric)
	back down in to the water because we couldn't	Mind - Dreams - water
1	4find them,	- diving in
	So we make it all the way up, and then the	Mind - Dreams - water
1	4water starts to fill in to the level that we are on.	- flood
	At a house and there was a lot of water (lakes and rivers) around	Mind - Dreams - water - lakes
2	8	
	People were jumping from the top into some	Mind - Dreams - water
98	70water or a pool below.	- people - jumping into

2	At a house and there was a lot of water (lakes and rivers) around	Mind - Dreams - water - rivers
1	when we went to cross the bridge, it was actually a sand bar across the ocean,	Mind - Dreams - water - sea, ocean
1	and the belt is full of water, so we have to go back, and we have to swim back	Mind - Dreams - water - swimming in
2	We are all swimming	Mind - Dreams - water - swimming in
1	Then I began to cry, because I was completely overwhelmed	Mind - Dreams - weeping
1	I remember on Sunday night I was crying in my dream	Mind - Dreams - weeping
7	Then I had to go and tell his family that he had died... They were all upset... Woke up with tears in my face	Mind - Dreams - weeping Mind - Dreams - women - man,
1	My mother changed in to a guy, a random dude,	changing into (new rubric)
8	Took a case of a friend I hadn't seen in years	Mind - Dreams - work
	Dream - at an office, w/ lots of workers, s'thing going on so people were pressed for time and computers were acting up and people were testy w/ each other, but it was a beautiful day outside; something lime green but don't	
3	remember what it was.	Mind - Dreams - work Mind - Dreams -
2	Then I was writing a story in the test	writing
1	I'm just spacey today.	Mind - Dullness
	Very unfocused, forgetful, confusing time schedules (being late for an appt, forgetting	
97	time zones, etc.)	Mind - Dullness Mind - Dullness -
	During conversations... I have this feeling that I don't understand what they are saying... like they are speaking a different language and I	comprehend conversation, does not, and is unable to relate properly
8	don't understand the meaning.	
2	Have anxiety driving normally but it's like I'm driving in a fog	Mind - Dullness - fog, feels enveloped in a
51 to 9	Her manner of speech is slightly condescending (amel during proving)	Mind - Egotism, self esteem

	I think we were meant not to connect last night.	
	It is all part of that whole thing. Maybe there	
5	5 isn't a connection. A breaking down.	Mind - Estranged
	once the symptoms dissipated, she became	
	more distant. She was very enjoyable to speak	
	with and was very engaged while she was	
51 to 9	getting symptoms (amel during proving)	Mind - Estranged
	I am more sensitive. The family issue was	Mind - Fear - failure -
5	3 resolved there is nothing to be sensitive about.	business or work
	Feeling very argumentative and	
	confrontational. Really standing up for myself,	
	and what I can or cannot live with or put up	
98	45 with. More aggressive.	Mind - Fight, wants to Mind - Forsaken
		feeling
8	21 Somehow excluded from the group	
	Can't stop wriggling my right foot and I'm	Mind - Gestures -
2	7 tapping my foot and fingers	tapping with fingers
	intense feeling about my kids, very protective,	
	walking around with them and if a car drove	Mind - Growling like a
96	5 too close, growled.	dog
		Mind - Home - desire
		to leave
2	8 Feeling of not wanting to be home	
	Feels like I should be doing something or	
2	7 moving faster	Mind - Hurry, haste
		Mind - Ideas -
		abundant
8	5 I have many plans	
	during my meditation I felt like I could use my	Mind - Ideas -
4	1 imagination in a more lively manner	abundant
	Feels like I want the other person to get on	
2	7 with it too	Mind - Impatience
	Also with my dog, normally so impatient with	
8	3 them (amel during proving)	Mind - Impatience
	I have not had the need to clean my house. I	Mind - Indifference,
	would like to leave everything scattered around	apathy - duties -
8	23 and not pick up.	domestic
	I don't have the same sense of the importance	Mind - Indifference,
1	1 of people or the fact that I like them.	apathy - persons, to all
	It's not fair. Someone oppressing me; they're	
6	1 not being reasonable.	Mind - Indignation
	I have not had the need to clean my house. I	Mind - Indolence -
	would like to leave everything scattered around	housework, aversion to
8	23 and not pick up.	her usual

	Today I am feeling like I am lazy bum...I should be doing more but I am not. I am not	Mind - Indolence, aversion to work
5	3getting anything done.	
	feels tired and doesn't want to go on trip for	Mind - Indolence, aversion to work
6	3business	
	The theme of being victimized and accused of	Mind - Injustice, cannot support
8	1unfairly came up	
	It's not fair. Someone oppressing me; they're	Mind - Injustice, cannot support
6	1not being reasonable.	
	Feel happy with my kids. Don't shout. More	
8	3tolerant (amel during proving)	Mind - Intolerance
	In the past there would have been some time to	
	take before decisions were made. Now, I just	
	do it. I like the feeling of being decisive. (amel	Mind - Irresolution, indecision
5	9during proving)	
	Feel happy with my kids. Don't shout. More	
8	3tolerant (amel during proving)	Mind - Irritability
1	8feeling annoyed to little things	Mind - Irritability
		Mind - Irritability - trifles
1	8feeling annoyed to little things	
	when I laughed it was like a relief of anxiety	
	and pain, as opposed to joy and happiness,	Mind - Laughing - anxiety, during
1	4playfulness.	
	when I laughed it was like a relief of anxiety	
	and pain, as opposed to joy and happiness,	Mind - Laughing - joyless
1	4playfulness.	
	I am laughing at things loudly and I am aware	Mind - Laughing - loudly
1	1that it is loud	
	when I laughed it was like a relief of anxiety	
	and pain, as opposed to joy and happiness,	Mind - Laughing - nervous
1	4playfulness.	
1	1I seem more outspoken, I'll say more things.	Mind - Loquacity
	Very unfocused, forgetful, confusing time	
	schedules (being late for an appt, forgetting	Mind - Memory - weakness
97	3time zones, etc.)	
	Last clinic shift: in clinic, I thought I was	Mind - Memory - weakness - do, for what he was about to
1	3steps in a procedure.	
	Very unfocused, forgetful, confusing time	
	schedules (being late for an appt, forgetting	Mind - Memory - weakness - time
97	3time zones, etc.)	

	I'm noticing that when I'm reading to the kids I slip on words, get a letter wrong, add a letter or change a letter	Mind - Mistakes - reading
2	Very unfocused, forgetful, confusing time schedules (being late for an appt, forgetting time zones, etc.)	Mind - Mistakes - time
97		Mind - Mistakes, making - perception, of
2	0I guess everything was distorted was listening to people saying things that were funny and it would not bother me at all, I was quite enjoying it,	Mind - Mood - agreeable
1	3Emotions aren't as up and down today (amel during proving)	Mind - Mood - variable
2	0I have not had the need to clean my house. I would like to leave everything scattered around and not pick up.	Mind - Neglects - household
8	23	
8	11I have an optimistic overview If I wanted something to happen, I would say 'please let it happen', then immediately I would say "it won't" or "she won't" or "he won't",	Mind - Optimism
1	5	Mind - Pessimist
8	11I am more assertive in what I want It was hard to concentrate. I couldn't sit down and work on my pamphlets	Mind - Positiveness
8	2	Mind - Postponing everything to next day
8	8Mentally I feel drained by the end of the day I was totally exhausted and had to lie down. I knew I would not be fit to work the next day	Mind - Prostration of mind
4	15	Mind - Prostration of mind
5	5confrontation. (amel during proving) Feeling very argumentative and confrontational. Really standing up for myself, and what I can or cannot live with or put up with. More aggressive.	Mind - Quarrelsomeness
98	45	Mind - Quarrelsomeness
2	75was amazed at how quickly I acted	Mind - Quick to act
6	0if I were a child, I wouldn't stop moving feels like a caffeine high, physical jitteriness, a part of me inside pacing - the adult form of the child that can't be still	Mind - Restlessness, nervousness
6	1	Mind - Restlessness, nervousness

		Mind - Restlessness, nervousness - work, during
97	Restless with a feeling of time is passing too 3quickly and being nervous about that	
6	I feel it under my skin, especially the right arm. 2I'm not comfortable in my own skin.	Mind - Senses - acute - body, of - skin surface Mind - Sensitive,
1	some colors more vivid: blue, red, everything 0seemed brighter, very vivid.	oversensitive - colors, to Mind - Sensitive,
6	looking at color was too stimulating, want no 2stimulation of the eyes > wearing black	oversensitive - colors, to Mind - Sensitive,
1	0The lights were bothering my eyes	oversensitive - light, to Mind - Sensitive,
2	0I was very sensitive to the kids noises	oversensitive - noise, to Mind - Sensitive,
5	heightened sense of smell – doesn't smell 5good.	oversensitive - odors, to Mind - Slowness -
2	0I felt like I was moving slowly	motion, in
95	Scared, freaked out, 5am. The anxiety/fear 1woke me up. Startled.	Mind - Starting - sleep - from
1	3I was more tolerant of intolerance I did not get along with this neighbor but said I would support her. This is new for me to be	Mind - Sympathetic
8	1nice to her.	Mind - Sympathetic
3	sleeplessness, things running around in my 1head, took a couple of hours to go to sleep Very unfocused, forgetful, confusing time schedules (being late for an appt, forgetting	Mind - Thoughts - rush, flow of - sleeplessness - with
97	3time zones, etc.)	Mind - Time - loss of conception of Mind - Time - passes too quickly, appearing shorter
97	Restless with a feeling of time is passing too 3quickly and being nervous about that	
3	1energy, low	Mind - Wearisome
3	lethargic, heavy feeling >early evening 1(napped 5-8 pm)	Mind - Wearisome
4	by the end of the day I was totally exhausted and had to lie down. I knew I would not be fit 15to work the next day	Mind - Wearisome

7	Then I had to go and tell his family that he had died... They were all upset... Woke up with tears in my face	Mind - Weeping - morning - waking - dreaming, after
6	I wake up feeling heavy hearted, weepy, depressed, jaw clenched. Shitty.	Mind - Weeping - morning - waking - dreaming, after
6	I wake up feeling heavy hearted, weepy, depressed, jaw clenched. Shitty.	Mind - Weeping - waking, on

Vertigo

Prover	Day	Symptom	Rubric
8	8	Vertigo with headache	Vertigo - Headache - during
8	4	Nauseous and I felt cold all over (with vertigo)	Vertigo - Nausea - with
8	4	Suddenly when I turned my head to see my friend I got this vertigo	Vertigo - Sudden
8	4	Suddenly when I turned my head to see my friend I got this vertigo	Vertigo - Turning - agg - motion of head, or
8	4	Suddenly when I turned my head to see my friend I got this vertigo	Vertigo - Violent

Head

Prover	Day	Symptom	Rubric
1	5	Today, my hair is feeling really dry and brittle to me.	Head - Brittle - hair
2	9	I have a strong desire to cut and dye hair	Head - Cutting hair - desires
1	5	Today, my hair is feeling really dry and brittle to me.	Head - Dryness - hair
8	3	Hair is smoother. It is usually drier. (amel during proving)	Head - Dryness - hair
4	16	angry red rash on L side of forehead, L side of scalp extending to L eyelid and cheekbone	Head - Eruptions
4	16	angry red rash on L side of forehead, L side of scalp extending to L eyelid and cheekbone	Head - Eruptions - margins of hair
4	16	angry red rash on L side of forehead, L side of scalp extending to L eyelid and cheekbone	Head - Eruptions - rash

2	1Foggy feeling in eyes and head all day Heaviness on head, a pressure from inside like	Head - Fog, brain feels enveloped in a
2	1a fullness inside head	Head - Fullness
2	Headache after lunch at 2pm. On top of 2forehead on right side and behind right eye.	Head - Pain - afternoon - agg - 2pm
8	2pm, Pain in head like a flash on the left side of 4the temple. A pressure.	Head - Pain - afternoon - agg - 2pm Head - Pain - disordered stomach, with
2	2I had very noisy digestion at the same time Headache all day, all over the place. Pulsating,	
8	6dull headache	Head - Pain - dull
2	0Dull ache	Head - Pain - dull - forehead
2	0Dull ache	Head - Pain - dull - forehead - eyes - above
2	0Dull ache	Head - Pain - dull - forehead - noise, loud agg
2	Low grade headache in my frontal lobe...equal 0across forehead and over to sides	Head - Pain - forehead - extending to - sides
2	Low grade headache in my frontal lobe...equal 0across forehead and over to sides	Head - Pain - forehead - eyes - above
2	Headache after lunch at 2pm. On top of 2forehead on right side and behind right eye.	Head - Pain - forehead - right
2	Headache after lunch at 2pm. On top of 2forehead on right side and behind right eye.	Head - Pain - forehead - right - extending to - eye
4	16left side of head was really tender <hot bath	Head - Pain - heat - agg
4	15headache- left side	Head - Pain - left
2	The headache only got better when I went to lie 2down on my right side of my head	Head - Pain - lying - amel
8	A day before menses usuay get a headache. 5Didn't have that (amel during proving)	Head - Pain - menses - before Head - Pain - night -
2	10Headache started at 9:30pm	agg. Head - Pain - noise
2	0Loud voices made headache worse	agg
4	3back of my head feels tender	Head - Pain - occiput

			Head - Pain - pressing
8	2	Headache like a pressure, worse pressure also	- one-sided
		2pm, Pain in head like a flash on the left side of	Head - Pain - pressing
8	4	the temple. A pressure.	- temples - left
			Head - Pain - pressing
			- temples - pressure -
8	2	Headache like a pressure, worse pressure also	agg
			Head - Pain - pressing
8	2	Headache like a pressure, worse pressure also	- temples - right
		Headache all day, all over the place. Pulsating,	
8	6	dull headache	Head - Pain - pulsating
		Headache after lunch at 2pm. On top of	
2	2	forehead on right side and behind right eye.	Head - Pain - right
2	2	Headache, Intense, came on suddenly	Head - Pain - sudden
			Head - Pain - sudden -
2	2	Headache, Intense, came on suddenly	forehead
			Head - Pain - temples -
8	2	Headache like a pressure, worse pressure also	pressure - agg
			Head - Pain - temples -
8	2	Slight headache on the right side of temple	right
			Head - Pain - warmth -
4	16	left side of head was really tender <hot bath	agg
		Heaviness on head, a pressure from inside like	
2	1a	fullness inside head	Head - Pressure
			Head - Twisting and
6	0	head twisting to the right	sensation of

Eyes

Prover	Day	Symptom	Rubric
	2	1My eyes feel tight and dry	Eyes - Dryness
		Red dot on right lid. Kept growing like a pimple	Eyes - Eruptions -
8	20	with white inside. Doesn't hurt.	Lids - upper
		angry red rash on L side of forehead, L side of	Eyes - Eruptions -
4	16	scalp extending to L eyelid and cheekbone	Lids - upper
		angry red rash on L side of forehead, L side of	Eyes - Eruptions -
4	16	scalp extending to L eyelid and cheekbone	Lids - upper - Left
		Red dot on right lid. Kept growing like a pimple	Eyes - Eruptions -
8	20	with white inside. Doesn't hurt.	Lids - upper - Right
		Red dot on right lid. Kept growing like a pimple	Eyes - Eruptions -
8	20	with white inside. Doesn't hurt.	Pimples - lids

8	Red dot on right lid. Kept growing like a pimple with white inside. Doesn't hurt.	Eyes - Eruptions - Pustules - lids
5	Like when you blink they have lachymation, not tears, but they are wet	Eyes - Lachrymation
4	(left eye) aches less today, but it is a little watery	Eyes - Lachrymation - left
6	0looking up and to the right	Eyes - Movement - rolling - right
6	0looking up and to the right	Eyes - Movement - rolling - upwards
4	13Left eye aching - this is my weak eye.	Eyes - Pain - aching - left
5	woke up with corner of the right eye, sharp pain 5- also in evening - sharp pricks	Eyes - Pain - canthi - Right
1	woke up with corner of the right eye, sharp pain 0- also in evening - sharp pricks	Eyes - Pain - constricting
2	1My eyes feel tight and dry	Eyes - Pain - constricting
2	Headache after lunch. On top of forehead on 2right side and behind right eye.	Eyes - Pain - extending to - forehead
2	Before going to sleep got a sharp shooting pain 15in my left eye. Lasted 30 seconds.	Eyes - Pain - left
4	13Left eye aching - this is my weak eye.	Eyes - Pain - left
1	It felt like someone was squeezing down around my eye muscles, outside of my eyes, I wanted to 0take my glasses off, and I did and it helped a bit.	Eyes - Pain - pressing
1	It didn't change my vision with my glasses off, but the squeezing sensation was gone; when I 0put on my glasses in a dark room it was ok.	Eyes - Pain - pressing - dark - amel.
1	It felt like someone was squeezing down around my eye muscles, outside of my eyes, I wanted to 0take my glasses off, and I did and it helped a bit.	Eyes - Pain - pressing - pressure - agg.
2	Headache after lunch. On top of forehead on 2right side and behind right eye.	Eyes - Pain - right
2	Before going to sleep got a sharp shooting pain 15in my left eye. Lasted 30 seconds.	Eyes - Pain - stitching - left
4	Aching in left eye...Sometimes sharp, goes 13from the top to the back, constant sharp pain	Eyes - Pain - stitching - left
5	woke up with corner of the right eye, sharp pain 5- also in evening - sharp pricks	Eyes - Pain - Stitching - right

5	3	The eyes are red. Like I have finished crying.	Eyes - Redness
6	0	looking up and to the right	Eyes - Turned - right
6	0	looking up and to the right	Eyes - Turned - upward

Vision

Prover	Day	Symptom	Rubric
5	3	It effects the vision – kind of blurry once in a while. (with lachrymation and redness)	Vision - Blurred
5	3	It effects the vision – kind of blurry once in a while. (with lachrymation and redness)	Vision - Blurred - lachrymation, with
1	0	I felt shaky and everything was looking brighter,	Vision - Bright, seems
1	0	I felt shaky and everything was looking brighter,	Vision - Dazzling
1	0	The lights were bothering my eyes	Vision - Light - agg. - bright

Ears

Prover	Day	Symptom	Rubric
6	6	glandular sweeling @ right mastoid, hx of mastoid infection as a child, feels like mumps, as a child	Ears - Inflammation - bones, mastoid
6	6	(right) ear still plugged w/ pain above mastoid, like a dull pressure. >popping ears, rubbing and pressing - counter pressure.	Ears - Pain - dull - right
6	6	(right) ear still plugged w/ pain above mastoid, like a dull pressure. >popping ears, rubbing and pressing - counter pressure.	Ears - Pain - pressure - amel.
6	6	(right) ear still plugged w/ pain above mastoid, like a dull pressure. >popping ears, rubbing and pressing - counter pressure.	Ears - Pain - rubbing - amel.
3	7	Left ear hurts to swallow; old symptom of eustatian tube being blocked	Ears - Pain - swallowing, on
6	6	ear plugged on right side	Ears - Stopped sensation - right
99	67	R ear blocked, feels like water in it, can hear 'water' moving in there when I tip my head from side to side. Difficulty hearing w/ this.	Ears - Stopped sensation - right

99	67	R ear blocked, feels like water in it, can hear 'water' moving in there when I tip my head from side to side. Difficulty hearing w/ this.	Ears - Water, sensation of
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Hearing

Prover	Day	Symptom	Rubric
	2	0I was very sensitive to the kids noises	Hearing - Acute - noise, to
	2	0I was very sensitive to the kids noises less sensitive to noise - didn't have to wear ear	Hearing - Acute - voices and talking
	3	1plugs while using skill saw	Hearing - Impaired
99		R ear blocked, feels like water in it, can hear 'water' moving in there when I tip my head 67from side to side. Difficulty hearing w/ this.	Hearing - Impaired
99		R ear blocked, feels like water in it, can hear 'water' moving in there when I tip my head 67from side to side. Difficulty hearing w/ this.	Hearing - Impaired - water in ear, from
	2	0voices were echoing loudly	Hearing - Reverberating
	2	0voices were echoing loudly	Hearing - Reverberating - loud

Nose

Prover	Day	Symptom	Rubric
	8	I started feeling cold air through the nose as I 0was breathing	Nose - Air - cold, as if
	5	3The nose has a lot of discharge.	Nose - Discharge - profuse
	8	A blast of cold air through the left nostril. Had 4to cover nostril to breathe - very painful.	Nose - Pain - air - cold, in
	8	A blast of cold air through the left nostril. Had 4to cover nostril to breathe - very painful.	Nose - Pain - air - inhaling - agg
	8	4Nose pain worse outside	Nose - Pain - air - open - agg
	8	A blast of cold air through the left nostril. Had 4to cover nostril to breathe - very painful.	Nose - Pain - inspiration - cold
	8	Cold air through the nose when breathing but 6now it is happening inside the house	Nose - Pain - internal - air, to inhaled

5	3	Sneezing.	Nose - Sneezing
3	5	still sneezing more than usual	Nose - Sneezing
3	5	still sneezing more than usual	Nose - Sneezing - frequent

Smell

Prover	Day	Symptom	Rubric
		heightened sense of smell – doesn't	
5	5	smell good.	Smell - Acute
		heightened sense of smell – doesn't	Smell - Acute - odors, for
5	5	smell good.	offensive
		heightened sense of smell – doesn't	
5	5	smell good.	Smell - Bad
		heightened sense of smell – doesn't	
5	5	smell good.	Smell - Offensive

Face

Prover	Day	Symptom	Rubric
1	3	painfully raw, dry cracked lips	Face - Cracks - lips
		over the last month I have been noticing these	Face - Dark - eyes -
2	7	very dark circles under my eyes	below
1	3	painfully raw, dry cracked lips	Face - Dryness - lips
			Face - Dryness - lips -
1	3	My lips are really dry, better when I drink.	thirst, with
		I also have this small face rash on my cheeks,	Face - Eruptions -
2	3	4red raised very fine (like sandpaper)	cheeks
		angry red rash on L side of forehead, L side of	Face - Eruptions -
4	1	6scalp extending to L eyelid and cheekbone	cheeks
		angry red rash on L side of forehead, L side of	Face - Eruptions -
4	1	6scalp extending to L eyelid and cheekbone	cheeks - left
		I also have this small face rash on my cheeks,	
2	3	4red raised very fine (like sandpaper)	Face - Eruptions - fine
		angry red rash on L side of forehead, L side of	Face - Eruptions -
4	1	6scalp extending to L eyelid and cheekbone	forehead
		angry red rash on L side of forehead, L side of	Face – Eruptions –
4	1	6scalp extending to L eyelid and cheekbone	forehead – left
			Face - Eruptions -
4	1	7face really broke out in pustules	pustules

	I also have this small face rash on my cheeks,	
2	34red raised very fine (like sandpaper)	Face - Eruptions - rash
	angry red rash on L side of forehead, L side of	Face - Eruptions - rash
4	16scalp extending to L eyelid and cheekbone	- forehead
	angry red rash on L side of forehead, L side of	Face – Eruptions –
4	16scalp extending to L eyelid and cheekbone	rash – left
	I also have this small face rash on my cheeks,	Face - Eruptions - red -
2	34red raised very fine (like sandpaper)	cheeks
	I also have this small face rash on my cheeks,	Face - Eruptions -
2	34red raised very fine (like sandpaper)	rough
1	0My face started to feel warm.	Face - Heat
3	1cheeks warm, toasty, after nap, early evening	Face - Heat - cheeks
		Face - Heat - cheeks -
6	0heat in right cheek	right
		Face - Heat - cheeks -
3	1cheeks warm, toasty, after nap, early evening	waking, on
	My lips are sill dry, but I'm drinking water and	
	it's improving the rawness, and the heat of the	
1	5lips.	Face - Heat - lips
		Face - Heat - sensation
7	6Hot inside?...Feel it in the face...	of
1	3painfully raw, dry cracked lips	Face - Pain - lips
	prickle at r where the mandible and the maxilla	Face - Pain - stitching
5	0join	- jaws
	prickle at r where the mandible and the maxilla	Face - Pain - stitching
5	0join	- jaws - articulation
		Face - Pain - stitching
	prickle at r where the mandible and the maxilla	- jaws - articulation -
5	0join	right
		Face - Pressure -
6	0feeling pressure in cheek and jaw	sensation, painless
6	0swelling under R jaw w/ heat	Face - Swelling - hot
	glandular sweeling @ right mastoid, hx of	
	mastoid infection as a child, feels like mumps,	Face - Swelling - jaws
6	0as a child	- lower
	glandular sweeling @ right mastoid, hx of	
	mastoid infection as a child, feels like mumps,	Face - Swelling - jaws
6	0as a child	- lower - right
6	0swelling under R jaw w/ heat	Face - Swelling - right
	tingling right cheek, where I used to get herpes	Face - Tingling,
6	0as a child	Prickling - cheeks

6	0	tingling right cheek, where I used to get herpes as a child	Face - Tingling, Prickling - right
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Mouth

Prover	Day	Symptom	Rubric
	8	3Mouth is drier	Mouth - Dryness Mouth - Dryness -
	8	3Tonguer is drier	tongue Mouth - Inflammation
	2	34My tongue is swollen on the sides and inflamed	- tongue, glossitis Mouth - Swelling -
	6	0glandular sweeling @ right mastoid, hx of mastoid infection as a child, feels like mumps, as a child	glands, salivary - submaxillary, submandibulary Mouth - Swelling -
	6	0glandular sweeling @ right mastoid, hx of mastoid infection as a child, feels like mumps, as a child	glands, salivary - submaxillary, submandibulary - right Mouth - Swelling -
	2	34My tongue is swollen on the sides and inflamed	tongue - edges

Taste

Prover	Day	Symptom	Rubric
	1	5Food has lost its flavour	Taste - Diminished
	1	7Also anything I want to eat “this would taste good”, but then it doesn’t feel or taste good.	Taste - Insipid - food - tastes

Throat

Prover	Day	Symptom	Rubric
	2	14Throat feels sore and scratchy and dry	Throat - Dryness - painful
	2	3More thirsty today. Throat more dry again	Throat - Dryness - thirst - with
	4	1I usually have a frog in my throat, but now it seems to be all cleared up	Throat - Hawking - ineffectual Throat - Hawking -
	8	7Mucus in back of throat. Clear my throat.	mucus in the larynx, from

4	Left side is swollen, feels like a little lump and I feel it when I swallow food	Throat - Inflammation - left Throat - Lump, plug sensation - swallowing - agg Throat - Lump, plug sensation - swallowing - not amel by
4	Left side is swollen, feels like a little lump and I feel it when I swallow food	Throat - Lump, plug sensation - swallowing - agg Throat - Lump, plug sensation - swallowing - not amel by
4	Left side is swollen, feels like a little lump and I feel it when I swallow food	Throat - Lump, plug sensation - swallowing - not amel by
97	3 Clearing the throat	Throat - Mucus
8	7 Mucus in back of throat. Clear my throat.	Throat - Mucus
4	I usually have a frog in my throat, but now it seems to be all cleared up	Throat - Mucus - detach, difficult to
5	phlegm in my throat after eating lunch, unusual, rare, started at around 2 0'clock	Throat - Mucus - eating - after
2	3 Throat pain better cold liquids	Throat - Pain - drinks - cold - amel
8	Around 8pm I had a pain on the left side of the throat	Throat - Pain - evening
8	Around 8pm I had a pain on the left side of the throat	Throat - Pain - left
8	5 Pulsating throat pain...worse swallowing	Throat - Pain - pulsating, throbbing
2	3 Feels raw when clear throat	Throat - Pain - rawness
2	3 Throat pain better cold liquids	Throat - Pain - rawness - drinks amel - cold
2	3 Feels raw when clear throat	Throat - Pain - rawness - hawking agg
2	14 Throat feels sore and scratchy and dry	Throat - Pain - soreness
8	5 Pulsating throat pain...worse swallowing	Throat - Pain - swallowing - agg
2	Feel a cold in throat but cold's not there yet, like a scratch	Throat - Scratching sensation
4	Left side is swollen, feels like a little lump and I feel it when I swallow food	Throat - Swelling - left

Neck

Prover	Day	Symptom	Rubric
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1	Neck pain not a pain I'm used to describe, 0 kind of a drawing down	Neck - Pain - drawing
1	I got pain in my neck . . . it spread across my back and shoulders to where my trapezius is located, but it disappeared quickly, within 10 0 minutes.	Neck - Pain - extending - downward
1	I got pain in my neck . . . it spread across my back and shoulders to where my trapezius is located, but it disappeared quickly, within 10 0 minutes.	Neck - Pain - extending - shoulder
2	Slight sharp pain in neck on right side when 1 visiting a friend	Neck - Pain - right
2	Slight sharp pain in neck on right side when 1 visiting a friend	Neck - Pain - sides - right
2	Slight sharp pain in neck on right side when 1 visiting a friend	Neck - Pain - stitching
2	Slight sharp pain in neck on right side when 1 visiting a friend	Neck - Pain - stitching - sides - right
1	Neck sensation similar to sensation around eyes, like muscle not being used before was being used and causing tension developing in 0 the area.	Neck - Tension

Stomach

Prover	Day	Symptom	Rubric
1	11	Huge day, I came home, had a bit of an emotional release, [tears and anger both]. This feeling in the pit of my stomach like something was off. Like an actual physical sensation, it was emotionally hurting me,	Stomach - Anger - agg Stomach - Appetite -
1	6	I can't figure out what to eat	capricious Stomach - Appetite -
2	2	Feel hungrier than normal but no cravings Incredible hunger. All day I could eat, eat	increased Stomach - Appetite -
8	18	everything, munching on everything. 9am really hungry, hard to eat, felt nauseous.	increased Stomach - Appetite -
2	4	Better if I ate.	increased - morning Stomach - Appetite -
2	4	9am really hungry, hard to eat, felt nauseous. Better if I ate.	increased - nausea - with

2	6	I am definitely more hungry and the hunger comes on suddenly with nausea	Stomach - Appetite - increased - sudden
8	18	Incredible hunger. All day I could eat, eat everything, munching on everything.	Stomach - Appetite - insatiable
2	6	For each mealtime if I don't eat I get nauseous and feel ravenous	Stomach - Appetite - ravenous
8	18	Incredible hunger. All day I could eat, eat everything, munching on everything.	Stomach - Appetite - ravenous
2	11	Ravenous hunger with headache	Stomach - Appetite - ravenous - headache, during
2	6	For each mealtime if I don't eat I get nauseous and feel ravenous	Stomach - Appetite - ravenous - nausea - with
2	2	My stomach was growling and gurling away for about 20 mins.	Stomach - Gurgling noise
97	3	Heaviness in stomach area. Nauseous during the day.	Stomach - Heaviness
8	3	Ate some chocolate and felt a heaviness in the stomach	Stomach - Heaviness - eating - after
1	7	when eat something it's sitting in my stomach.	Stomach - Lump sensation - eating, after
8	4	Ate soup for lunch and it sits heavy in my stomach. Like a stone. Sitting like heaviness.	Stomach - Lump sensation - eating, after
1	6	feel a bit nauseous	Stomach - Nausea
97	3	Heaviness in stomach area. Nauseous during the day.	Stomach - Nausea
1	6	Water helps the water point but it accentualizes the nausea	Stomach - Nausea - drinking - agg. - water
2	11	Eating and drinking cold gatorade helped the nausea/hunger feeling	Stomach - Nausea - drinking - amel
1	7	Generally nauseous upon eating	Stomach - Nausea - eating - after
2	2	After I ate I felt nauseated with the headache	Stomach - Nausea - eating - after
2	4	9am really hungry, hard to eat, felt nauseous. Better if I ate.	Stomach - Nausea - eating - amel
8	2	8pm, started feeling nauseous	Stomach - Nausea - evening
1	6	The slightly nauseous sensation when I'm not eating what my body thinks it needs.	Stomach - Nausea - fasting - agg.
2	2	After I ate I felt nauseated with the headache	Stomach - Nausea - headache, during

8	5	Felt nauseous all day. Just moments throughout the day	Stomach - Nausea - intermittent
2	18	9pm, very nauseous	Stomach - Nausea - night
8	5	Felt nauseous all day. Just moments throughout the day	Stomach - Nausea - paroxysmal
1	11	I've been feeling like vomiting a lot but I'm not going to induce myself . . . but I'd feel better if I did.	Stomach - Nausea - vomiting - without
1	7	Nauseous, but I didn't throw up.	Stomach - Nausea - vomiting - without
2	6	I got 3 sharp shooting pains in my upper stomach...I sat down and went away	Stomach - Pain - stitching
2	6	I got 3 sharp shooting pains in my upper stomach...I sat down and went away	Stomach - Pain - stitching - paroxysmal
2	6	I got 3 sharp shooting pains in my upper stomach...I sat down and went away	Stomach - Pain - stitching - sitting - amel
1	11	Huge day, I came home, had a bit of an emotional release, [tears and anger both]. This feeling in the pit of my stomach like something was off. Like an actual physical sensation, it was emotionally hurting me,	Stomach - Sadness, with
8	2	Thirstier than usual	Stomach - Thirst
1	3	VERY thirsty, but not drinking despite this	Stomach - Thirst - drink, with aversion to
1	3	VERY thirsty, but not drinking despite this	Stomach - Thirst - extreme
2	6	More thirsty...I brought water to bed with me... I usually don't like water	Stomach - Thirst - often, frequent
1	11	I've been feeling like vomiting a lot but I'm not going to induce myself . . . but I'd feel better if I did.	Stomach - Vomiting - desire to
1	11	I've been feeling like vomiting a lot but I'm not going to induce myself . . . but I'd feel better if I did.	Stomach - Vomiting - desire to - cannot, but

Abdomen

Prover	Day	Symptom	Rubric
	1	7Lot of gas, bit bloated.	Abdomen - Distention
	1	7Lot of gas, bit bloated.	Abdomen - Distention - with nausea

6	0right side of belly, itchy spots, hive-ish	Abdomen - Eruptions - itching
6	0right side of belly, itchy spots, hive-ish	Abdomen - Eruptions - urticaria
1	7Lot of gas, bit bloated. like something sitting heavy in it. ? Low.	Abdomen - Flatulence
1	11Midline under my umbilicus, like something sitting heavy in it. ? Low.	Abdomen - Heaviness Abdomen - Heaviness
1	11Midline under my umbilicus, Any physical location for nausea? Below	- hypogastrium
1	7umbilicus [across abdomen], a ‘stitch or pain” on the groin (left sided)... Shoots out to the outer leg as well...It starts	Abdomen - Nausea Abdomen - Pain - inguinal region - extending - downward
5	1there and radiates down 4 inches a ‘stitch or pain” on the groin (left sided)... Shoots out to the outer leg as well...It starts	Abdomen - Pain - inguinal region - extending - lower limbs - thigh
5	1there and radiates down 4 inches a ‘stitch or pain” on the groin (left sided)... Shoots out to the outer leg as well...It starts	Abdomen - Pain - inguinal region - left
5	1there and radiates down 4 inches a ‘stitch or pain” on the groin (left sided)... Shoots out to the outer leg as well...It starts	Abdomen - Pain - stitching - inguinal region - extending - downward
5	1there and radiates down 4 inches a ‘stitch or pain” on the groin (left sided)... Shoots out to the outer leg as well...It starts	Abdomen - Pain - stitching - inguinal region - extending - thighs
5	1there and radiates down 4 inches a ‘stitch or pain” on the groin (left sided)... Shoots out to the outer leg as well...It starts	Abdomen - Pain - stitching - inguinal region - left

Rectum

Prover	Day	Symptom	Rubric
		Urgency for BM, but nothing happened –	Rectum - Constipation
	1	6today BM's are normal with my period now. I usually get diarrhea (amel during proving) or BM's	- urging - with Rectum - Diarrhea - menses - during
	2	27with severe cramps.	

3	1	Flatulence very stinkly, had to get away from myself	Rectum - Flatus - offensive
3	1	Flatulence very stinkly, had to get away from myself	Rectum - Flatus - offensive - foul
2	5	Hemorrhoids - not there. I used to get rectal bleeding with them, so far has stopped (amel during proving)	Rectum - Hemorrhage - stool - during
2	2	No pain from passing stool this morning (Normally hemorrhoids sting with each BM) (amel during proving)	Rectum - Hemorrhoids - painful - stool - during
2	2	No pain from passing stool this morning (Normally hemorrhoids sting with each BM) (amel during proving)	Rectum - Hemorrhoids - stool - agg
2	27	BM's are normal with my period now. I usually get diarrhea (CS) or BM's with severe cramps.	Rectum - Menses agg - during
2	10	Bowel movements were more urgent	Rectum - Urging
1	7	BM? I've been having them at night for a while now, usually got them in the morning.	Rectum - Urging - night

Bladder

Prover	Day	Symptom	Rubric
3	1	urination frequent (every 2 hours) in the night...didn't urinate all day and no desire to go, even when I got home	Bladder - Inactivity
3	1	urination frequent (every 2 hours) in the night...didn't urinate all day and no desire to go, even when I got home	Bladder - Urging to urinate, morbid desire - absent
3	1	urination frequent (every 2 hours) in the night...didn't urinate all day and no desire to go, even when I got home	Bladder - Urination - frequent - night
3	1	urination frequent (every 2 hours) in the night...didn't urinate all day and no desire to go, even when I got home	Bladder - Urination - frequent - night - seldom during day

Urine

Prover	Day	Symptom	Rubric
3	0	urine, smells like when you eat asparagus and I hadn't eaten that	Urine - Odor - Asparagus, like after eating

8	Urinating profusely. Drinking the same amount.	Urine - Profuse, increased
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Female

Prover	Day	Symptom	Rubric
6	1	vagina, dry inside	Female - Dryness - vagina
5	1	discovered while showering a inflammation on the left labium – a swollen inflammation	Female - Eruptions - labia
5	1	It hurts, feels like you have a zit, discovered while showering a inflammation on the left labium – a swollen inflammation	Female - Eruptions - painful
5	1	discovered while showering a inflammation on the left labium – a swollen inflammation	Female - Eruptions - pimples - labia
5	1	discovered while showering a inflammation on the left labium – a swollen inflammation	Female - Eruptions - pustules - labia
6	2	hot flashes	Female - Heat - flushes of
3	7	vaginal bleeding @ 17/28. cramping on and off w/ that and uterus feels heavy	Female - Heaviness - uterus
8	20	Vaginal discharge happened when I walked, stood up	Female - Leucorrhea - standing - agg
8	20	Vaginal discharge - watery discharge, whitish in colour.	Female - Leucorrhea - thin, watery
8	20	Vaginal discharge happened when I walked, stood up	Female - Leucorrhea - walking - agg
8	20	Vaginal discharge - watery discharge, whitish in colour.	Female - Leucorrhea - white
2	27	Flow is heavy but it is a good colour. Before it was brown and clotty (amel during proving), now it's clear red.	Female - Menses - bright red
2	27	Flow is heavy but it is a good colour. Before it was brown and clotty (amel during proving), now it's clear red.	Female - Menses - brown
2	27	Flow is heavy but it is a good colour. Before it was brown and clotty (amel during proving), now it's clear red.	Female - Menses - clotted
2	27	Flow is heavy but it is a good colour. Before it was brown and clotty (amel during proving), now it's clear red.	Female - Menses - clotted - dark

		Female - Menses - frequent, too early, too soon
8	Menses early. My period came almost a week before it should. 5 days.	
		Female - Menses - frequent, too early, too soon
3	vaginal bleeding @ 17/28. cramping on and off w/ that and uterus feels heavy	
		Female - Menses - frequent, too early, too soon - five days too early
8	Menses early. My period came almost a week before it should. 5 days.	
		Female - Menses - frequent, too early, too soon - nine days too early
3	9menses 9 days early, flow is heavy	
	had an odd period for 4 days, then stopped for a week then had it for 2 weeks straight.	Female - Menses - intermittent
97		
	had an odd period for 4 days, then stopped for a week then had it for 2 weeks straight.	Female - Menses - irregular
97		
	My menstrual cramps are better for standing and walking slowly	Female - Menses - painful - standing - amel. (new rubric)
2		
	My menstrual cramps are better for standing and walking slowly	Female - Menses - painful - walking - amel.
2		
	Have menses - usually very, very painful. Now there is no pain (amel during proving)	Female - Menses - painful, dysmenorrhea
2		
	8Cramps around 5pm. It is the end of my period	Female - Menses - painful, dysmenorrhea
8		
	vaginal bleeding @ 17/28. cramping on and off w/ that and uterus feels heavy	Female - Menses - painful, dysmenorrhea
3		
	No heaviness of period. Usually heavy flow. 1(amel during proving)	Female - Menses - profuse
2		
	9menses 9 days early, flow is heavy	Female - Menses - profuse
3		
	Period almost gone - today is day 4 of period. Normally last 7 days and is heavy (amel during proving)	Female - Menses - profuse - protracted, and
2		
	Period almost gone - today is day 4 of period. Normally last 7 days and is heavy (amel during proving)	Female - Menses - protracted, prolonged
2		

97	5a	had an odd period for 4 days, then stopped for a week then had it for 2 weeks straight.	Female - Menses - protracted, prolonged
2	2	Period almost gone - today is day 4 of period. Normally last 7 days and is heavy (amel during proving)	Female - Menses - protracted, prolonged - seven days
3	12	cramping++, difficult to breathe, felt like I was trying to lay an egg. During the night and lasted an hour	Female - Pain - Bearing down - menses - during Female - Pain - bearing down - uterus and region of - menses - during
2	1	Normally feels like everything will fall out during period (amel during proving)	Female - Pain - cramping - menses - before
3	6	cramping one week before period	Female - Pain - cramping - uterus
3	1	cramping two weeks before period	Female - Pain - cramping - uterus - menses - before
3	1	cramping two weeks before period	Female - Pain - cramping - uterus - ovulation, during
8	9	Cramps, menstrual cramps. Period just ended. Pressure in the ovaries	Female - Pain - menses - after Female - Pain - menses -before
3	6	cramping one week before period	Female - Pain - ovaries - menses - after
8	9	Cramps, menstrual cramps. Period just ended. Pressure in the ovaries	Female - Pain - ovaries - menses - after
3	12	cramping++, difficult to breathe, felt like I was trying to lay an egg. During the night and lasted an hour	Female - Pushing sensation, uterus Female - Redness -
5	1	next to it something that looks like a blood spots	

Speech & Voice

Prover	Day	Symptom	Rubric
	8	7My voice went.	Speech - Lost - voice Speech - Lost - voice - talking, after
	8	11Voice goes away after talking	prolonged

		I'll say rather loudly, emphatically, the major point of my thought, instead of keeping it in my head.	Speech - Loud voice
1	1	head.	
8	11	Voice goes away after talking	Speech - Talking agg
8	7	Voice is weaker - not the same strength	Speech - Weak voice

Respiration

Prover	Day	Symptom	Rubric
		cramping++, difficult to breathe, felt like I was trying to lay an egg. During the night and lasted 12an hour	Respiration - Difficult - pain, during
3		Constricted in the chest and the respiration (at 0night in bed)	Respiration - Impeded - constriction - chest
8		Constricted in the chest and the respiration (at 0night in bed)	Respiration - Impeded - night

Cough

Prover	Day	Symptom	Rubric
		When breathing deeply I started to cough. A 0quick dry, not deep cough.	Cough - Breathing - agg - deep
8		Coughing...tickling back of the throat. It was 11dry. Nothing helped it.	Cough - Dry
8		When breathing deeply I started to cough. A 0quick dry, not deep cough.	Cough - Dry - inspiration - deep
		I woke up with a very dry cough, a tickle in my throat, coughing, coughing, no expectoration of 5any kind.	Cough - Dry - morning
1		I woke up with a very dry cough, a tickle in my throat, coughing, coughing, no expectoration of 5any kind.	Cough - Dry - tickling, from - throat
1		Coughing...tickling back of the throat. It was 11dry. Nothing helped it.	Cough - Dry - tickling, from - throat
		I woke up with a very dry cough, a tickle in my throat, coughing, coughing, no expectoration of 5any kind.	Cough - Dry - waking
1		I woke up with a very dry cough, a tickle in my throat, coughing, coughing, no expectoration of 5any kind.	Cough - Tickling - from - throat

1		I woke up with a very dry cough, a tickle in my throat, coughing, coughing, no expectoration of any kind.	Cough - Tickling - waking, on
1		I woke up with a very dry cough, a tickle in my throat, coughing, coughing, no expectoration of any kind.	Cough - Waking, on

Chest

Prover	Day	Symptom	Rubric
	8	I was restless. Constricted in the chest and the respiration (trying to fall to sleep).	Chest - Constriction
	8	I was restless. Constricted in the chest and the respiration (trying to fall to sleep).	Chest - Constriction - night - bed, in
	8	I was restless. Constricted in the chest and the respiration (trying to fall to sleep).	Chest - Constriction - restlessness, with
	1	4Dry nipples	Chest - Dryness - nipples
	1	8dry nipple more dry on right side	Chest - Dryness - nipples - right (new rubric)
	6	chest and heart, jittery feeling, like a caffeine high < 10 a.m.	Chest - Fluttering sensation
	8	0Then I started feeling a heaviness in my chest	Chest - Heaviness
	1	4itchy right breast	Chest - Itching - mammae
	8	8Right breast - have to scratch!	Chest - Itching - mammae
	1	4itchy right breast	Chest - Itching - mammae - right (new rubric)
	8	8Right breast - have to scratch!	Chest - Itching - mammae - right (new rubric)
	5	I had prickles, shots of pain, momentary... Under my breast- left breast.	Chest - Pain - stitching - mammae - region of - under - left
	8	0But this time I feel a pressure on the chest.	Chest - Pressure on chest
	2	Throughout the day had a weird feeling in my chest and back. Like a scratchy feeling.	Chest - Scratching sensation

Heart & Circulation

Prover	Day	Symptom	Rubric
	6	chest and heart, jittery feeling, like a caffeine high < 10 a.m.	Heart & Circulation - Fluttering Sensation, heart

Back

Prover	Day	Symptom	Rubric
	1	I got pain in my neck . . . it spread across my back and shoulders to where my trapezius is located, but it disappeared quickly, within 10 minutes.	Back - Pain - cervical region
	1	I got pain in my neck . . . it spread across my back and shoulders to where my trapezius is located, but it disappeared quickly, within 10 minutes.	Back - Pain - cervical region - extending - back, down
	1	I got pain in my neck . . . it spread across my back and shoulders to where my trapezius is located, but it disappeared quickly, within 10 minutes.	Back - Pain - cervical region - extending - downwards
	1	I got pain in my neck . . . it spread across my back and shoulders to where my trapezius is located, but it disappeared quickly, within 10 minutes.	Back - Pain - cervical region - muscles - trapezius
	1	Neck sensation similar to sensation around eyes, like muscle not being used before was being used and causing tension developing in the area.	Back - Pain - constricting - cervical region
	8	Back pain, shoulder area, in in the middle of the back. Pinching pain between the shoulder blades.	Back - Pain - dorsal region - scapulae - between
	1	Neck pain not a pain I'm used to describe, kind of a drawing down	Back - Pain - drawing - cervical Region
	2	No back pain with this menses (amel during proving)	Back - Pain - menses - during
	8	Really bad back pain with it - lower back pain 5(with menses)	Back - Pain - menses - during
	8	Back pain, shoulder area, in in the middle of the back. Pinching pain between the shoulder blades.	Back - Pain - pinching - dorsal region - scapulae

8	The pain in the back is constant, it feels like pinching and also like pressure	Back - Pain - pinching - lumbar region
8	6Shoulder area felt pressure	Back - Pain - pressing - dorsal region - scapulae
8	The pain in the back is constant, it feels like pinching and also like pressure	Back - Pain - pressing - lumbar region - menses, during
8	Back pain better sitting, worse standing, better massaging the area	Back - Pain - pressing - sitting - amel
8	Back pain better sitting, worse standing, better massaging the area	Back - Pain - pressing - standing - agg
8	Back pain better sitting, worse standing, better massaging the area	Back - Pain - rubbing - amel
8	Back pain, shoulder area, in in the middle of the back. Pinching pain between the shoulder blades.	Back - Pain - shoulders, between
8	Back pain better sitting, worse standing, better massaging the area	Back - Pain - sitting - amel
1	For example, say you pulled your neck, you're sore from doing something not normally done, that's what it felt like.	Back - Pain - sore - cervical region
8	Back pain better sitting, worse standing, better massaging the area	Back - Pain - standing - agg
3	stiffness, upper back, middle. Feels like 12muscles tighten and you have to pop your spine	Back - Stiffness - dorsal region
3	stiffness, upper back, middle. Feels like 12muscles tighten and you have to pop your spine	Back - Stiffness - stretching amel
3	stiffness, upper back, middle. Feels like 12muscles tighten and you have to pop your spine	Back - Tension - dorsal region
3	stiffness, upper back, middle. Feels like 12muscles tighten and you have to pop your spine	Back - Tension - stretching amel.

Extremities

Prover	Day	Symptom	Rubric
2	2	When going to sleep, I feel colder than usual especially on my legs and feet	Extremities - Chilliness - feet
2	2	When going to sleep, I feel colder than usual especially on my legs and feet	Extremities - Chilliness - legs

2	When going to sleep, I feel colder than usual especially on my legs and feet	Extremities - Chilliness - lower limbs
98	Dry itching eczema on my right hand for years, skin can crack and peel off when it's bad (amel 60during proving)	Extremities - Cracks - hands
8	Hands are drier especially the palms. Both 4hands are really dry.	Extremities - Dryness - hands
8	Hands are drier especially the palms. Both 4hands are really dry.	Extremities - Dryness - hands - palms
98	Dry itching eczema on my right hand for years, skin can crack and peel off when it's bad (amel 60during proving)	Extremities - Eruptions - desquamating - hands
5	Little round spots, dime spots, 3 of them one right elbow, one on my left elbow and on my left leg just below my knee. Dry and red all of 37them...tops are dry and red underneath Right hand, little vesicles with nothing inside.	Extremities - Eruptions - dry - elbows - bend of
8	Dryness, itching between the fingers. Red, 11stung.	Extremities - Eruptions - dry - hands
98	Dry itching eczema on my right hand for years, skin can crack and peel off when it's bad (amel 60during proving)	Extremities - Eruptions - dry - hands
5	Little round spots, dime spots, 3 of them one right elbow, one on my left elbow and on my left leg just below my knee. Dry and red all of 37them...tops are dry and red underneath	Extremities - Eruptions - dry - legs
98	Dry itching eczema on my right hand for years, skin can crack and peel off when it's bad (amel 60during proving)	Extremities - Eruptions - eczema - hands
8	Right hand, little vesicles with nothing inside. Dryness, itching between the fingers. Red, 11stung.	Extremities - Eruptions - hands
98	Dry itching eczema on my right hand for years, skin can crack and peel off when it's bad (amel 60during proving)	Extremities - Eruptions - itching - hands
5	Little round spots, dime spots, 3 of them one right elbow, one on my left elbow and on my left leg just below my knee. Dry and red all of 37them...tops are dry and red underneath	Extremities - Eruptions - red - elbows

	Right hand, little vesicles with nothing inside. Dryness, itching between the fingers. Red, 11stung.	Extremities - Eruptions - red - hands
8		
	Little round spots, dime spots, 3 of them one right elbow, one on my left elbow and on my left leg just below my knee. Dry and red all of 37them...tops are dry and red underneath	Extremities - Eruptions - red - legs
5		
	Little round spots, dime spots, 3 of them one right elbow, one on my left elbow and on my left leg just below my knee. Dry and red all of 37them...tops are dry and red underneath	Extremities - Eruptions - red - spots
5		
	Little round spots, dime spots, 3 of them one right elbow, one on my left elbow and on my left leg just below my knee. Dry and red all of 37them...tops are dry and red underneath	Extremities - Eruptions - red - spots - lower limbs
5		
	Little round spots, dime spots, 3 of them one right elbow, one on my left elbow and on my left leg just below my knee. Dry and red all of 37them...tops are dry and red underneath	Extremities - Eruptions - red - spots - upper limbs
5		
	Little round spots, dime spots, 3 of them one right elbow, one on my left elbow and on my left leg just below my knee. Dry and red all of 37them...tops are dry and red underneath	Extremities - Eruptions - rough
5		
	Little round spots, dime spots, 3 of them one right elbow, one on my left elbow and on my left leg just below my knee. Dry and red all of 37them...tops are dry and red underneath	Extremities - Eruptions - spots - lower limbs
5		
	Little round spots, dime spots, 3 of them one right elbow, one on my left elbow and on my left leg just below my knee. Dry and red all of 37them...tops are dry and red underneath	Extremities - Eruptions - spots - upper limbs
5		
	Right hand, little vesicles with nothing inside. Dryness, itching between the fingers. Red, 11stung.	Extremities - Eruptions - urticaria - hands
8		
	Right hand, little vesicles with nothing inside. Dryness, itching between the fingers. Red, 11stung.	Extremities - Eruptions - vesicles - hands
8		
	Right hand, little vesicles with nothing inside. Dryness, itching between the fingers. Red, 11stung.	Extremities - Eruptions - vesicles - itching - hands
8		

		Extremities - Eruptions
8	Right hand, little vesicles with nothing inside. Dryness, itching between the fingers. Red, 11stung.	- vesicles - itching - hands - between fingers
8	Itching, right foot arch (bottom). When I was 8driving. Sudden. Itches like mad.	Extremities - Itching - feet - right
8	Itching, right foot arch (bottom). When I was 8driving. Sudden. Itches like mad.	Extremities - Itching - feet - soles
8	Itching, right foot arch (bottom). When I was 8driving. Sudden. Itches like mad.	Extremities - Itching - feet - soles - right
8	Right big toe started itching like crazy. Came 3and then gone. Crazy itch.	Extremities - Itching - right
8	Right big toe started itching like crazy. Came 3and then gone. Crazy itch.	Extremities - Itching - toes
8	Right big toe started itching like crazy. Came 3and then gone. Crazy itch.	Extremities - Itching - toes - first
2	5:30pm, Knee pain worse walking and lifting 2leg	Extremities - Pain - 5pm-6pm
8	5pm, My left finger pointer started to hurt, the tip turned red and I had the sensation as if I had 3a sliver	Extremities - Pain - 5pm-6pm
8	11Tennis elbow in right elbow. Aching elbow. Pain in the right ankle as if I sprained the ankle. Pain woke me up at 5am. Stitching 11pain.	Extremities - Pain - aching - elbows
8	Pain in the right ankle as if I sprained the ankle. Pain woke me up at 5am. Stitching 11pain.	Extremities - Pain - ankles - right
8	Pain in the right ankle as if I sprained the ankle. Pain woke me up at 5am. Stitching 11pain.	Extremities - Pain - ankles - waking, on
8	11Tennis elbow in right elbow. Aching elbow. Felt the sting in the left index finger again, 4worse pressure	Extremities - Pain - elbows - right
8	Knee pain on right knee, inner part. 2Intermittent pain for one hour.	Extremities - Pain - fingers - pressure - agg
2	After lunch I stood up and got a sharp pain in 0my left knee	Extremities - Pain - intermittent
2	Hurts like a pinch when I move it into bended 2position	Extremities - Pain - knees
2	Knee pain on right knee, inner part. 2Intermittent pain for one hour.	Extremities - Pain - knees - bending - agg
2		Extremities - Pain - knees - hollow of

2	After lunch I stood up and got a sharp pain in my left knee	Extremities - Pain - knees - left
2	5:30pm, Knee pain worse walking and lifting leg	Extremities - Pain - knees - Motion agg.
2	0It was on the outside of the knee	Extremities - Pain - knees - patella
2	0It was on the outside of the knee	Extremities - Pain - knees - patella - left
2	0I rubbed it and it felt better	Extremities - Pain - knees - rubbing amel
2	5:30pm, Knee pain worse walking and lifting leg	Extremities - Pain - knees - walking
2	Started as a pain in my right wrist then moved up to my arm, my arm felt numb/weak	Extremities - Pain - numbness, with
2	Hurts ike a pinch when I move it into bended position	Extremities - Pain - pinching
2	Hurts ike a pinch when I move it into bended position	Extremities - Pain - pinching - knees
2	Hurts ike a pinch when I move it into bended position	Extremities - Pain - pinching - knees - hollow of
2	0I rubbed it and it felt better	Extremities - Pain - rubbing amel.
2	9pm, Got sciatica like nerve pain from coccyx to thigh to calf	Extremities - Pain - sciatica
2	9pm, Got sciatica like nerve pain from coccyx to thigh to calf	Extremities - Pain - sciatica - night - agg
2	A numb pain from coccyx down back of both legs	Extremities - Pain - sciatica - numbness, with
2	Right leg hurting again coccyx pain down to thigh, sharp pain	Extremities - Pain - sciatica - right
2	After lunch I stood up and got a sharp pain in my left knee	Extremities - Pain - standing agg.
2	After lunch I stood up and got a sharp pain in my left knee	Extremities - Pain - stitching - knees - standing - while
2	0I rubbed it and it felt better	Extremities - Pain - stitching - rubbing amel
2	Ankle - sore right achilles tendon...same sharp pain that I felt in my knee	Extremities - Pain - stitching - ankles

8	Pain in the right ankle as if I sprained the ankle. Pain woke me up at 5am. Stitching 11pain.	Extremities - Pain - stitching - ankles
8	Felt the sting in the left index finger again, 4worse pressure	Extremities - Pain - stitching - fingers - pressure - agg
8	5pm, My left finger pointer started to hurt, the tip turned red and I had the sensation as if I had 3a sliver	Extremities - Pain - stitching - fingers - second, index
8	5pm, My left finger pointer started to hurt, the tip turned red and I had the sensation as if I had 3a sliver	Extremities - Pain - stitching - fingers - second, index - left
8	5pm, My left finger pointer started to hurt, the tip turned red and I had the sensation as if I had 3a sliver	Extremities - Pain - stitching - fingers - tips
2	After lunch I stood up and got a sharp pain in 0my left knee	Extremities - Pain - stitching - knees
2	After lunch I stood up and got a sharp pain in 0my left knee	Extremities - Pain - stitching - knees - left
2	0It was on the outside of the knee	Extremities - Pain - stitching - knees - outer, lateral
2	0It was on the outside of the knee	Extremities - Pain - stitching - knees - patella
2	0It was on the outside of the knee	Extremities - Pain - stitching - knees - patella - left
2	Ankle - sore right achilles tendon...same sharp 6pain that I felt in my knee	Extremities - Pain - stitching - right
8	5pm, My left finger pointer started to hurt, the tip turned red and I had the sensation as if I had 3a sliver	Extremities - Pain - stitching - splinters, as from - fingers
2	0It was a sharp quick pain...subsided quickly	Extremities - Pain - stitching - sudden - knees - disappearing suddenly
5	prickle at wrist (r.) inside – momentary 0duration	Extremities - Pain - stitching - wrists
5	prickle at wrist (r.) inside – momentary 0duration	Extremities - Pain - stitching - wrists - right

2	Felt like my ankle gave away with a sharp pain and then weakness	Extremities - Pain - weariness - ankles
2	I felt like I couldn't put weight on that leg, because the sharp pain makes it weak	Extremities - Pain - weariness - legs Extremities - Pain -
2	I felt like I couldn't put weight on that leg, because the sharp pain makes it weak	weariness - lower limbs
2	Started as a pain in my right wrist then moved up to my arm, my arm felt numb/weak	Extremities - Pain - weariness - wrists Extremities - Pain -
2	Started as a pain in my right wrist then moved up to my arm, my arm felt numb/weak	wrists - extending to - arm
2	Started as a pain in my right wrist then moved up to my arm, my arm felt numb/weak	Extremities - Pain - wrists - right Extremities - Pulling Sensation - lower
2	I feel a little pull up my inner right thigh	limbs
8	5pm, My left finger pointer started to hurt, the tip turned red and I had the sensation as if I had a sliver	Extremities - Redness - fingers - tips Extremities -
8	Arms restless. Could not find a comfortable position for them (in bed at night)	Restlessness - lying, while Extremities -
8	Arms restless. Could not find a comfortable position for them (in bed at night)	Restlessness - night - bed, before going to Extremities -
8	Arms restless. Could not find a comfortable position for them (in bed at night)	Restlessness - upper limbs - night Extremities - Tingling, prickling - upper limbs - forearms
6	Prickly under skin on right forearm	Extremities - Tingling, prickling - upper limbs - forearms - right
6	Prickly under skin on right forearm	Extremities - Tingling, prickling - upper limbs - right
6	Prickly under skin on right forearm	Extremities - Trembling - hands
6	Shaky hands and through arms, < 10a.m.	

6	1shaky hands and through arms, < 10a.m.	Extremities - Trembling - upper limbs
2	9pm, Sitting quietly and my right leg calf 2muscle started twitching	Extremities - Twitching - legs - calves
2	9pm, Sitting quietly and my right leg calf 2muscle started twitching	Extremities - Twitching - night

Sleep

Prover	Day	Symptom	Rubric
7	6	Getting very hot inside...Not a good sleep, up every hour	Sleep - Disturbed - heat, during
4	17	My face really broke out in pustules and I couldn't sleep well. My headaches got worse.	Sleep - Disturbed - pain, from
2	2	At 5:30pm got really cold again. Laid down under 2 blankets for 20 minutes and dozed off.	Sleep - Dozing
98	60	Normally I am tired earlier but these days am feeling very alert and full of energy late at night, go to bed late	Sleep - Falling asleep - late
7	6	Getting very hot inside...Not a good sleep, up every hour	Sleep - Interrupted - heat, sensation of
8	0	I couldn't sleep on my right side. Strange because I always fall asleep on that side.	Sleep - Position - side - impossible - right
8	0	Lying on the left side	Sleep - Position - side - left
1	2	I felt very refreshed, and lots of energy, and that's very unusual for me. And I went to bed at 12:30 the night before!	Sleep - Refreshing
2	7	Woke up at 7:30am and didn't feel tired even though I went to bed late	Sleep - Refreshing
5	3	didn't wake up, but was restless, to a theta semi-conscious state, worrying about one of my clients	Sleep - Restless - anxiety, from
7	6	Getting very hot inside...Not a good sleep, up every hour	Sleep - Restless - heat - during
2	8	Restless sleep again. A body restlessness	Sleep - Restless - restlessness, from physical
8	0	Arms were restless and I couldn't find a comfortable position	Sleep - Restless - restlessness, from physical

I felt very refreshed, and lots of energy, and
 that's very unusual for me. And I went to bed at
 1 212:30 the night before! Sleep - Short -
 refreshing
 Woke up at 7:30am and didn't feel tired even
 2 7though I went to bed late Sleep - Short -
 refreshing
 I haven't been needing as much sleep. I don't
 get as many hours as usual but wake up feeling
 98 60OK. Sleep - Short -
 refreshing
 Tired about 5:30pm. That is out of character for
 2 1me Sleep - Sleepiness
 A wave of sleepiness. Like yawning in the face.
 Really sleepy. This is for 10 minutes while I
 8 0was driving. Sleep - Sleepiness
 Started noticing drowsiness about 5 pm, over
 3 0dinner Sleep - Sleepiness -
 afternoon - 5pm
 At 5:30pm got really cold again. Laid down
 2 1under 2 blankets for 20 minutes and dozed off. Sleep - Sleepiness -
 chill - during
 A wave of sleepiness. Like yawning in the face.
 Really sleepy. This is for 10 minutes while I
 8 0was driving. Sleep - Sleepiness -
 driving - agg
 Started noticing drowsiness about 5 pm, over
 3 0dinner Sleep - Sleepiness -
 evening - 5pm - about
 Tired about 5:30pm. That is out of character for
 2 1me Sleep - Sleepiness -
 evening - early
 My energy also seems to lag after dinner – I
 98 60become quite prostrated, have to lie down. Sleep - Sleepiness -
 evening - early
 Started noticing drowsiness about 5 pm, over
 3 0dinner Sleep - Sleepiness -
 evening - early
 A wave of sleepiness. Like yawning in the face.
 Really sleepy. This is for 10 minutes while I
 8 0was driving. Sleep - Sleepiness -
 intermittent
 Sleep - Sleepiness -
 lying - lie down, desire
 98 60become quite prostrated, have to lie down. to
 Sleep - Sleepiness -
 lying - die down,
 2 1Want to lie down and go to sleep desire to
 Sleep - Sleepiness -
 3 1tired on waking morning - waking - on
 A wave of sleepiness. Like yawning in the face.
 Really sleepy. This is for 10 minutes while I
 8 0was driving. Sleep - Sleepiness -
 overpowering

98	My energy also seems to lag after dinner – I become quite prostrated, have to lie down. A wave of sleepiness. Like yawning in the face.	Sleep - Sleepiness - overpowering
8	Really sleepy. This is for 10 minutes while I was driving.	Sleep - Sleepiness - yawning, with
3	sleeplessness, things running around in my head, took a couple of hours to go to sleep	Sleep - Sleeplessness - night - first part of
3	sleeplessness, things running around in my head, took a couple of hours to go to sleep	Sleep - Sleeplessness - night - thoughts, with activity of
8	Took a long time to fall asleep. Busy head.	Sleep - Sleeplessness - thoughts, from
17	Trying not to think of things.	Sleep - Sleeplessness - thoughts, from
3	sleeplessness, things running around in my head, took a couple of hours to go to sleep	Sleep - Sleeplessness - thoughts, from
95	Scared, freaked out, 5am. The anxiety/fear woke me up. Startled.	Sleep - Waking - anxiety, after
8	Not a good feeling when I wake. Something bothering me.	Sleep - Waking - cares, worries, from
1	5and I woke up with a very dry cough	Sleep - Waking - cough, from
1	This am when I woke up, I woke 5:18 which was 45 minutes before my alarm,	Sleep - Waking - early, too
7	It was early in am 8 – 8:30 am...I wouldn't get up this early on w/e...I normally stay in bed until 9 am	Sleep - Waking - early, too
1	When woke up at 6 am, it was relatively easy, which is pretty unusual.	Sleep - Waking - easily
95	Scared, freaked out, 5am. The anxiety/fear woke me up. Startled.	Sleep - Waking - fright, fear, after
1	This am when I woke up, I woke 5:18 which was 45 minutes before my alarm,	Sleep - Waking - morning - 5am
95	Scared, freaked out, 5am. The anxiety/fear woke me up. Startled.	Sleep - Waking - morning - 5am
1	I felt very refreshed, and lots of energy, and that's very unusual for me. And I went to bed at 212:30 the night before!	Sleep - Waking - slept one's fill
1	I felt very refreshed, and lots of energy, and that's very unusual for me. And I went to bed at 212:30 the night before!	Sleep - Waking - slept one's fill - short sleep, even after

Chill

Prover	Day	Symptom	Rubric
	8	0Chilliness In the evening...Couldn't get warm. Eventually with a lot of covers I got finally warm and went	Chill - Chilliness
	5	4to sleep. Immediately felt chilly...I am now wrapped in	Chill - Chilliness - bed - in
	2	0a blanket In the evening...Couldn't get warm. Eventually	Chill - Chilliness - wrap up, with desire to
	5	4to sleep. with a lot of covers I got finally warm and went	Chill - Chilliness - wrap up, with desire to
	8	4Nauseous and I felt cold all over (with vertigo) In the evening...Couldn't get warm. Eventually	Chill - Vertigo, in
	5	4to sleep. with a lot of covers I got finally warm and went	Chill - Warmth - desire for

Fever, Heat

Prover	Day	Symptom	Rubric
	3	1body temp warmer than usual	Fever, Heat - Internal

Perspiration

Prover	Day	Symptom	Rubric
	6	0thoracic with sweats anxious, jittery feeling in my throat and upper	Perspiration - Anxiety, with

Skin

Prover	Day	Symptom	Rubric
	98	60during proving) Dry itching eczema on my right hand for years, skin can crack and peel off when it's bad (amel	Skin - Cracks
	8	4hands are really dry. Hands are drier especially the palms. Both	Skin - Dryness
	98	60during proving) Dry itching eczema on my right hand for years, skin can crack and peel off when it's bad (amel	Skin - Eruptions - desquamating
	8	11stung. Right hand, little vesicles with nothing inside. Dryness, itching between the fingers. Red,	Skin - Eruptions - dry

5	37	Little round spots, dime spots, 3 of them one right elbow, one on my left elbow and on my left leg just below my knee. Dry and red all of them.	Skin - Eruptions - dry
98	60	Dry itching eczema on my right hand for years, skin can crack and peel off when it's bad (amel during proving)	Skin - Eruptions - eczema - dry
98	60	Dry itching eczema on my right hand for years, skin can crack and peel off when it's bad (amel during proving)	Skin - Eruptions - eczema - itching
2	34	I also have this small face rash on my cheeks, red raised very fine (like sandpaper)	Skin - Eruptions - granular
6		On right side of belly, itchy spots, hive-ish	Skin - Eruptions - itching
5	1	It hurts, feels like you have a zit, Right hand, little vesicles with nothing inside. Dryness, itching between the fingers. Red,	Skin - Eruptions - painful
8	11	stung.	Skin - Eruptions - painful - sore, smarting
8	20	Red dot on right lid. Kept growing like a pimple with white inside. Doesn't hurt.	Skin - Eruptions - painless
5	1	discovered while showering a inflammation on the left labium – a swollen inflammation	Skin - Eruptions - pimples
8	20	Red dot on right lid. Kept growing like a pimple with white inside. Doesn't hurt.	Skin - Eruptions - pimples
5	1	discovered while showering a inflammation on the left labium – a swollen inflammation	Skin - Eruptions - pustules
8	20	Red dot on right lid. Kept growing like a pimple with white inside. Doesn't hurt.	Skin - Eruptions - pustules
4	17	face really broke out in pustules	Skin - Eruptions - pustules
2	34	I also have this small face rash on my cheeks, red raised very fine (like sandpaper)	Skin - Eruptions - rash - red
4	16	angry red rash on L side of forehead, L side of scalp extending to L eyelid and cheekbone	Skin - Eruptions - rash - red
5	37	Little round spots, dime spots, 3 of them one right elbow, one on my left elbow and on my left leg just below my knee. Dry and red all of them.	Skin - Eruptions - red - spots

5	37	Little round spots, dime spots, 3 of them one right elbow, one on my left elbow and on my left leg just below my knee. Dry and red all of them.	Skin - Eruptions - spots Skin - Eruptions - urticaria
6	0	right side of belly, itchy spots, hive-ish	Skin - Eruptions - urticaria - itching - with
6	0	right side of belly, itchy spots, hive-ish Right hand, little vesicles with nothing inside. Dryness, itching between the fingers. Red,	Skin - Eruptions - vesicles - itching
8	11	stung. Right hand, little vesicles with nothing inside. Dryness, itching between the fingers. Red,	Skin - Eruptions - vesicles - red
8	11	stung.	Skin - Heat
1	0	My face started to feel warm.	Skin - Heat
6	0	heat in right cheek	Skin - Heat
8	8	Itching, right foot arch (bottom). When I was driving. Sudden. Itches like mad.	Skin - Itching - sudden
8	8	Itching, right foot arch (bottom). When I was driving. Sudden. Itches like mad.	Skin - Itching - violent Skin - Purpura -
5	1	next to it something that looks like a blood spot	Skin - Red - spots
5	1	next to it something that looks like a blood spot	Skin - tingling, prickling
6	0	prickly under skin on right forearm	

Generalities

Prover	Day	Symptom	Rubric
8		I have many plans, good energy, want to do 5thing	Generalities - Activity - desires
1 to 8	1 to 30	Late afternoon or early evening/5pm, weariness and sleepiness for many of the provers	Generalities - Afternoon - agg
1 to 8	1 to 30	Late afternoon or early evening/5pm, weariness and sleepiness for many of the provers	Generalities - Afternoon - agg - 5pm

		Then I had to apply a special technique to help her release her mouth grip. It was crazy, but I was very quick and decisive and everyone was amazed at how quickly I acted...somehow as if by instinct I was able to know where to apply the appropriate pressure in order to get her to	
2	75	let go	Generalities - Agility Generalities - Applications - cold - amel
7	6	>cold wash cloth, help me to sleep Many provers a lot of restlessness or bad sleep	
1 to 8	1 to 30	at night in bed Things are falling out of my hands when I	Generalities - Bed - in Generalities -
1	3	carry them. I feel it under my skin, especially the right arm.	Clumsiness Generalities -
6	2	I'm not comfortable in my own skin. I had to put a toque and scarf on to get rid of	Conscious of body Generalities - Covering
2	0	the chill Couldn't get warm. Eventually with a lot of	- amel and desire for Generalities - Covering
5	4	covers I got finally warm and went to sleep. Nervous energy . . . Like I wanted to throw off	- amel and desire for Generalities - Energy -
1	0	excess energy Today I have a lot of energy	lots of Generalities - Energy -
2	2	Today I have a lot of energy I have many plans, good energy, want to do	lots of Generalities - Energy -
8	5	thing Felt energized, more than usual	lots of Generalities - Energy -
4	1	Felt energized, more than usual Various physical symptoms start or are worse	lots of Generalities - Evening
1 to 8	1 to 30	around 8 and 9pm Various physical symptoms start or are worse	- agg Generalities - Evening
1 to 8	1 to 30	around 8 and 9pm I did exercise without giving up earlier in the	- agg - 8pm Generalities - Exercise
8	3	morning masculine drive and movement, > pacing	- desires Generalities - Exercise
6	1	forcefully I felt like I might faint if it lasted longer (the	- desires Generalities - Faintness
8	4	vertigo) Felt better eating the cheese	- vertigo, in Generalities - Food and drinks - cheese - amel. (new rubric)
1	6	I felt better eating the cheese	

8	Ate some chocolate and felt a heaviness in the stomach	Generalities - Food and drinks - chocolate - agg Generalities - Food and drinks - chocolate -
8	Craving chocolate. Stronger than usual. I want chocolate.	desires Generalities - Food and drinks - cold - drinks -
2	Especially like cold cold juice or milk	desires Generalities - Food and drinks - cold - drinks,
3	I want to drink something cold to wake me up	water - desires
1	And again, for lunch ,the fatty food I chose which I thought I wanted, I thought was too fatty when I was eating it.	Generalities - Food and drinks - fat and rich food - aversion
6	craving fruit	Generalities - Food and drinks - fruits - desires Generalities - Food and drinks - indistinct,
1	And again, for lunch ,the fatty food I chose which I thought I wanted, I thought was too fatty when I was eating it.	knows not what, desires Generalities - Food and drinks - many things,
8	No cravings - unusual (amel during proving)	desires Generalities - Food and drinks - milk - desires
2	Especially like cold cold juice or milk	
8	I want something sweet	Generalities - Food and drinks - sugar - desires Generalities - Food and drinks - sweets -
1	Don't like sweet things this morning.	aversion Generalities - Food and drinks - tea - desires
8	Wanted warm tea all day	
1	worse with water	Generalities - Food and drinks - water - agg. Generalities - Food and drinks - water - desires
1	I want water instead of sugar and fat	
2	More thirsty...I brought water to bed with me... I usually don't like water	Generalities - Food and drinks - water - desires Generalities - Food and drinks - water - desires
8	Desire water - room temperature	Generalities - Food and drinks - water - desires

			Generalities - Food and drinks - water - desires
7	3	drank more water than usual today	
			Generalities - Heat - flushes of
6	2	hot flashes	Generalities - Heat - flushes of - headache - during
		Headache came on suddeny and I got a flush of	
2	2	heat with it too	
			Generalities - Heat - lack of vital heat
2	0	Immediately felt chilly	Generalities - Heat - lack of vital heat
			Generalities - Heat - lack of vital heat
8	0	Chilliness	Generalities - Heat - lack of vital heat
		Couldn't get warm. Eventually with a lot of	
5	4	covers I got finally warm and went to sleep.	Generalities - Heat - sensation of
			Generalities - Heaviness
3	1	body temp warmer than usual	
		Many provers experienced a sensation of	
1 to 8	1 to 30	heaviness in various parts of the body	
			Generalities - Lassitude
3	1	energy, low	
		by the end of the day I was totally exhausted	
		and had to lie down. I knew I would not be fit	
4	15	to work the next day	Generalities - Lassitude
			Generalities - Lassitude
		It's a drowsiness that's right through you like	
3	0	your body is asleep, mind is fine	Generalities - Lassitude
		feels tired and doesn't want to go on trip for	
6	3	business	Generalities - Lassitude
		I did not feel exhausted yesterday which I	
		usually feel the day before I get my period	
8	5	(amel during proving)	Generalities - Lie down - inclination to
			Generalities - Lump Sensation
2	1	Want to lie down and go to sleep	
		Many provers experienced a sensation of a	
1 to 8	1 to 30	lump in various parts of the body	Generalities - Lying - during - bed
		Many provers a lot of restlessness or bad sleep	Generalities - Motion - amel - rapid, running, dancing
1 to 8	1 to 30	at night in bed	
		masculine drive and movement, > pacing	
6	1	forcefully	

		masculine drive and movement, > pacing	Generalities - Motion -
	6	1 forcefully	amel - violent
1 to 8	1 to 30	Many provers a lot of restlessness or bad sleep at night in bed	Generalities - Night - agg
1 to 8	1 to 30	Various physical symptoms start or are worse around 8 and 9pm	Generalities - Night - agg - 9pm
	2	0Have a numb feeling	Generalities - Numbness
1 to 8	1 to 30	Physical symptoms are either right or left sided, but usually one sided	Generalities - One-sided
1 to 8	1 to 30	Many provers experienced constricting pains	Generalities - Pains - constricting
1 to 8	1 to 30	Physical pain was one sided, not really favouring either right or left	Generalities - Pains - one-sided
1 to 8	1 to 30	Many provers experienced pressing pains	Generalities - Pains - pressing
	80-30	Quick pains. Come and go quickly.	Generalities - Pains - shooting, darting, lightning quick
1 to 8	1 to 30	Pains were predominantly sharp/sticking in nature	Generalities - Pains - stitching
	2	Can't stop wiggling my right foot and I'm tapping my foot and fingers. I'm restless and fidgety	Generalities - Physical restlessness - move, about continuously, wants to
1 to 8	1 to 30	Some provers experienced aggravation of physicals or mentals after waking	Generalities - Waking - agg
1 to 8	1 to 30	Some provers felt their energy improved or increased upon waking	Generalities - Waking - amel
	4	by the end of the day I was totally exhausted and had to lie down. I knew I would not be fit to work the next day	Generalities - Weariness
	3	It's a drowsiness that's right through you like your body is asleep, mind is fine	Generalities - Weariness
	6	feels tired and doesn't want to go on trip for business	Generalities - Weariness

8	I did not feel exhausted yesterday which I usually feel the day before I get my period 5(amel during proving)	Generalities - Weariness - menses - before Generalities - Weariness - waking - on
3	1tired on waking	Generalities -
2	It is my head being covered that keeps me 0warm	Wrapping - amel - head